

Etifoxine does not impair muscle tone and motor function in rats as assessed by *in vivo* and *in vitro* methods

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Abstract. The purpose of our study is to evaluate the effects of the translocator protein (TSPO) ligand etifoxine on muscle tone and locomotor activity. In addition, the mechanism of action of etifoxine on the presynaptic membrane and neuromuscular junction is investigated. These effects of etifoxine were examined employing the following methods: 1) *in vivo* experiments using bar holding test and activity cage test, and 2) comparative *in vitro* studies with nifedipine on indirectly-elicited twitches of striated abdominal muscle preparations. Etifoxine in doses 50 mg/kg and 100 mg/kg *i.p.* does not produce any significant changes in locomotor activity and muscle tone of intact rats. Nifedipine (10^{-5} M) induces a significant decrease in the muscle force of striated muscle preparations. Etifoxine (10^{-8} – 10^{-4} M) has no significant effect on indirectly-elicited twitch tension. Results show that the TSPO ligand etifoxine has no myorelaxant effect. The activation of TSPO is not associated with a reduction in muscle tone and motor impairment. Etifoxine does not affect the presynaptic membrane and its influence on L-type Ca^{2+} -channels is insignificant. Etifoxine does not act as a competitive antagonist of acetylcholine and does not impair the impulse transmission in the neuromuscular junction.

Key words: Etifoxine — TSPO — Nifedipine — Indirectly-elicited twitches — Striated muscle

Introduction

Etifoxine is a non-benzodiazepine anxiolytic drug, which also possesses an anticonvulsant effect. Etifoxine potentiates GABAergic neurotransmission by a dual mode of action: 1) a direct positive allosteric effect on GABA_A receptors, and 2) an indirect mechanism involving the stimulation of translocator protein (TSPO) with subsequent influence on neurosteroid synthesis (Schlichter et al. 2000).

Etifoxine is used in the clinical practice for treatment of anxiety disorders. Clinical trials reported similar efficacy of etifoxine and buspirone (Servant et al. 1998), phenazepam (Aleksandrovsky et al. 2010), and lorazepam (Micallef et al. 2001; Nguyen et al. 2006) in adjustment disorder with anxiety (ADWA). The conventional benzodiazepine anxiolytics possess side effects, such as a potential risk of cognitive dysfunction, dependence, myorelaxation, etc. Due to its

specific mechanism of action, etifoxine has reduced cognitive effects and does not induce amnesia and sedation at anxiolytic concentrations (Micallef et al. 2001). Moreover, treatment with etifoxine is not associated with dependence and psychomotor adverse effects (Stein 2015). However, the effects of etifoxine on muscle tone are still not clear. Despite the results of clinical studies, there is controversial evidence in the literature about the impact of etifoxine on spontaneous locomotor activity in animals (Schlichter et al. 2000; Girard et al. 2009; Verleye et al. 2009; Bourin and Hascoët 2010). In our previous experiments (Zagorchev et al. 2018) we reported a decrease of the direct single twitch response in isolated rat nerve-skeletal muscle preparations induced by etifoxine. In this article, we treat the problem with the influence of etifoxine on muscle tone and locomotor activity *in vivo* and the effects of etifoxine on striated muscle preparations under the conditions of indirect stimulation. These additional studies would make it possible to elucidate the impact of etifoxine on motor function and to provide data on a possible advantage of nonbenzodiazepine anxiolytic compound etifoxine over conventional benzodiazepine anxiolytics regarding the safety profile.

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Nifedipine is a selective L-type calcium channel blocker and a structural analogue of dihydropyridine. Many studies have been performed in order to investigate the effects of L-type calcium channel antagonists, including dihydropyridines, phenylalkylamines, and benzothiazepines on the muscular response. Electrophysiological studies have shown that these agents prevent the L-type calcium currents carried through the slow calcium channels ($Ca_v1.1$, $Ca_v1.2$, $Ca_v1.3$ and $Ca_v1.4$) in vascular smooth muscle, cardiac and skeletal muscle. In addition, blockers of calcium influx augment the neuromuscular blockade induced by non-depolarizing or depolarizing muscle relaxants in isolated preparations and in intact animals (Salvador et al. 1988; Sekerci and Tulunay 1996).

Here we investigated the effects of the TSPO ligand etifoxine on muscle tone and locomotor activity *in vivo*. In order to elucidate the mechanism of action of etifoxine on the presynaptic membrane and neuromuscular junction, we also performed comparative *in vitro* studies on etifoxine and nifedipine on indirectly-elicited twitches of striated muscle preparations.

Materials and Methods

All experiments (*in vivo* and *in vitro*) were approved by the Bulgarian Food Safety Agency (approval number: 87/9.01.2014) and the Ethics Committee of the Medical University-Plovdiv, Bulgaria (approval number: 5/29.09.2016).

In vivo experiments

Animals

Thirty male Wistar rats (weight of 160–180 g) were divided into three groups ($n = 10$). Animals were treated intraperitoneally (*i.p.*) as follows: Group 1 with an equivalent volume (0.1 ml/100 g b.w.) of vehicle (0.1% Tween 20 in 0.9% NaCl solution) (Control); Group 2 with etifoxine in a dose of 50 mg/kg b.w.; Group 3 with etifoxine in a dose of 100 mg/kg b.w. Rats were kept under standard laboratory conditions (temperature $24 \pm 2^\circ\text{C}$, humidity 50% and 12-h dark/light cycle). The rodents received food and water *ad libitum*.

Bar holding test

The test was performed thirty minutes after treatment as described before (Zagorchev et al. 2016). Briefly, a metal bar (2 mm in diameter and 40 cm in length) was suspended above a soft surface. The distance between the surface and the bar was 40 cm. The rat was held in a manner allowing its forearms to grasp the bar and the time spent on the bar was registered. The cutoff time was 120 seconds.

Activity cage test

The locomotor activity in rats was studied using an activity cage apparatus (Ugo Basile, Italy), equipped with horizontal and vertical sensors to allow automatic measurement of the animal movements. Immediately after the bar holding test, rats were placed into the appliance and allowed exploration for 5 min. The total number of horizontal and vertical movements was recorded.

In vitro striated muscle experiments

Animals and tissue preparations

Abdominal tissue preparations (n. intercostalis – m. transversus abdominis) were obtained as previously described by Zagorchev et al. (2016). The muscle strips from male Wistar rats (160–200 g) were immersed and isometrically fixed in individual organ baths containing 15 ml modified Krebs' solution maintained at $35.5 \pm 0.3^\circ\text{C}$ and constantly aerated with 95% O_2 and 5% CO_2 . The pH of the solution was kept at 7.28 ± 0.08 . Preparations were allocated in the organ baths in a random manner.

Each strip was placed across two platinum electrodes connected to an electronic stimulator (EFS – PZ03, C-optic, Bulgaria). The initial tension applied on all preparations to achieve isometric recording was 7 mN.

Contractions were induced by indirect stimulation at a frequency of 5 Hz and supramaximal voltage of 80 V with 0.02 ms square-wave pulses. The extremely short pulse duration (0.02 ms) results in indirect (nerve) stimulation of the muscle tissue and typical neuromuscular activation.

The duration of the muscle stimulation was 3 s, followed by a 7 s pause. The contraction force was registered by an isometric force transducer (TRI 201, LSi Leticia; Panlab S.L., Barcelona, Spain) and recorded with a computer-based system. The employed experimental protocol was described previously (Ivanov et al. 2011). The interval of discretization was 1 ms.

The preparations were allowed a 20 min period of equilibration before stimulation or addition of drugs. Initially, indirectly-elicited twitch contraction activity was obtained and this was stable in previously described conditions (control activity). After achieving this state, nifedipine and etifoxine were added separately to the organ baths.

Nifedipine was used at a concentration of 10^{-5} M. Nine concentrations of etifoxine 10^{-8} , $5 \cdot 10^{-8}$, 10^{-7} , $7 \cdot 10^{-7}$, 10^{-6} , $5 \cdot 10^{-6}$, 10^{-5} , $3 \cdot 10^{-5}$, and 10^{-4} M were studied. Initially, the lowest concentration was added and a five-minute record of the twitch contractions was registered. The strips were washed out with Krebs solution (3–4 times) before adding a higher concentration of etifoxine. The effect of the studied concentrations on the contractile activity was evaluated about 25 min after the addition of the drugs to the bath.

The concentration-effect curve of etifoxine on indirectly-elicited twitch tension was obtained and the mean IC_{50} value of etifoxine was calculated as the concentration required to produce 50% reduction in the force of the muscle twitches (the control twitch contraction activity was taken as 100%).

The cut-off time of the experiments involving a single muscle strip was 45 min after the isolation.

Drugs and solutions

Etifoxine (Stresam® 50 mg, distributed by Biocodex, Gentilly, France) was obtained from a pharmacy and suspended in 0.9% NaCl containing 0.1% Tween 20. Nifedipine was purchased from Sigma.

Composition of the preparation solution (in mmol/l): Na^+ 143; K^+ 5.84; Ca^{2+} 3.7 and Cl^- 157.

Composition of Krebs' solution (in mmol/l): Na^+ 143; K^+ 5.84; Ca^{2+} 2.5; Mg^{2+} 1.19; Cl^- 133; HCO_3^- 16.7; $H_2PO_4^-$ 1.2 and glucose 11.5.

Statistical analysis

The statistical analysis was performed using SPSS ver. 17. All data are presented as mean \pm SEM.

In vivo experiments

One sample Kolmogorov-Smirnov test was performed to verify the normal distribution. One-way analysis of variance (ANOVA) with Bonferroni Multiple Comparison Test was used in case of normal distribution. In case of non-normal distribution logarithmic transformation of the results was performed and distribution was rechecked. Non-parametric Two independent samples test (Mann-Whitney U test) was applied to analyze the results with non-normal distribution. Differences were considered significant at $p < 0.05$.

In vitro experiments

One sample Kolmogorov-Smirnov test confirmed that all data has normal distribution. One-way ANOVA with Bonferroni Multiple Comparison Test and the Paired samples T-test were used for statistical analysis. The number of tested preparations is indicated by n . Differences were considered significant at $p < 0.05$.

Results

In vivo evaluation of the muscle tone and locomotor activity in rats

Analyzing the results of bar holding test, we observed that etifoxine (50 and 100 mg/kg b.w., *i.p.*) did not significantly

Table 1. Effect of etifoxine on muscle tone evaluated by bar holding test

Group	Time (s)
Control	98.10 \pm 14.6
Etifoxine50	108.79 \pm 11.21
Etifoxine100	91.91 \pm 10.24

Data are presented as mean \pm SEM; $n = 10$. $p > 0.05$ vs. Control group (Mann-Whitney U test). Control, rats treated with an equivalent volume (0.1 ml/100 g b.w.) of vehicle (0.1% Tween 20 in 0.9% NaCl solution); Etifoxine50, rats treated with etifoxine in a dose of 50 mg/kg b.w.; Etifoxine100, rats treated with etifoxine in a dose of 100 mg/kg b.w.

affect the time spent by rats on the bar and the groups treated with the drug showed similar results to the Control group (Table 1).

Administration of etifoxine decreased the locomotor activity in a concentration-dependent manner, but no statistically significant difference was found when compared to the Control group (Table 2).

Table 2. Effect of etifoxine on locomotor activity evaluated with activity cage test

Group	Number of horizontal movements	Number of vertical movements
Control	590.0 \pm 100.2	97.1 \pm 24.1
Etifoxine50	502.3 \pm 42.8	57.3 \pm 5.4
Etifoxine100	455.7 \pm 39.8	47.7 \pm 10.8

Data are presented as mean \pm SEM; $n = 10$. $p > 0.05$ vs. Control group (one-way ANOVA).

In vitro studies on striated muscle preparations

The effects of 10^{-5} M nifedipine on indirectly-elicited twitch tension are shown in Figure 1. Following 24 min exposure, nifedipine reduced the twitch tension in comparison to the control value (2.5 ± 1.1 mN vs. 5.2 ± 1.0 mN, $p < 0.05$).

In all tested concentrations (10^{-8} – 10^{-4} M) etifoxine had no significant effect on indirectly-elicited twitch tension. The most prominent reduction in the muscle contractions was detected at high concentrations of etifoxine ($3 \cdot 10^{-5}$ M and 10^{-4} M). However, even under these conditions no significant difference was found in comparison to the control tension (Fig. 2). We failed to detect statistically significant difference also between the results obtained at different concentrations of etifoxine.

The mean IC_{50} value of etifoxine-induced reduction of indirectly-elicited twitch tension could not be calculated at

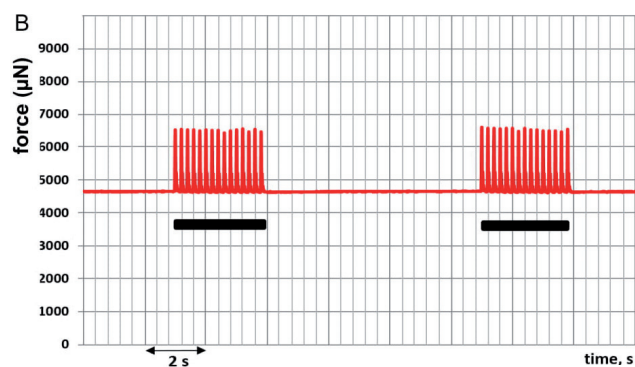
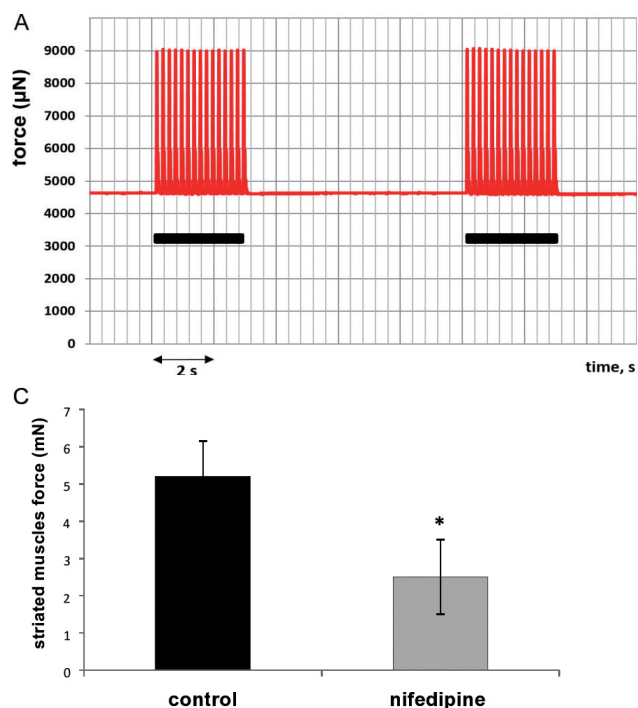


Figure 1. Effect of nifedipine on indirectly-elicited twitch contractions of rat abdominal preparations. The stimulus parameters were: 5 Hz, 80 V (supramaximal), and 20 μ s square-wave pulse duration. The bold black line represents the duration of the stimulus. **A.** Control twitch response. **B.** Contractility in presence of 10^{-5} M nifedipine (24 min after addition). **C.** Bar chart, representing the decrease in the twitch tension 24 min after addition of 10^{-5} M nifedipine. * $p < 0.05$ vs. control (paired T-test); $n = 9$.

concentration range 10^{-8} – 10^{-4} M, its value may be found at concentrations higher than 10^{-4} M (Figure 2).

As shown in Figure 3, 10^{-6} M etifoxine and 10^{-5} M etifoxine did not produce a significant reduction in the muscle force when compared to the control (6.4 ± 1.0 mN vs. 6.5 ± 0.8 mN, $p > 0.05$; 5.6 ± 0.7 mN vs. 5.8 ± 0.7 mN, $p > 0.05$, respectively).

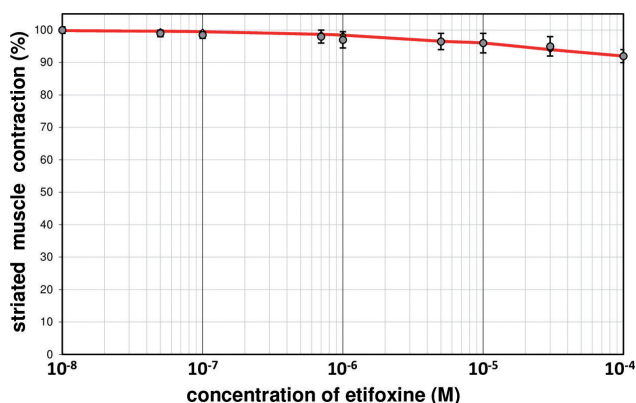


Figure 2. Concentration-response curve of 10^{-8} – 10^{-4} M etifoxine on twitch contractions of isolated rat abdominal striated muscle strips (25 min after addition). Stimulus parameters: 5 Hz, 20 μ s, 80 V. Each point is calculated as mean \pm SEM of eight preparations.

Discussion

In vivo evaluation of the muscle tone and locomotor activity in rats

According to Bourin and Hascoët (2010), acute intraperitoneal administration of etifoxine in doses 60 mg/kg and 75 mg/kg induces a sedative effect and decreases significantly spontaneous locomotor activity in the actimeter test in mice. Lower doses of etifoxine (25, 40 and 50 mg/kg) do not influence the spontaneous locomotor activity (Schlichter et al. 2000; Bourin and Hascoët 2010). Our results obtained from activity cage test show that etifoxine (50 mg/kg) reduces the number of horizontal and vertical movements 30 min after *i.p.* administration. However, the values did not reach statistical significance (Table 2), and this observation is in accordance with Bourin and Hascoët (2010). Similar results were obtained when using a higher dose of the drug (100 mg/kg) in contrast to the report of the same authors. The explanation more likely lay in the different species (rats vs. mice) and appliances (activity cage vs. actimeter test) used for the experiments.

Moreover, our results are consistent with those of Girard et al. (2009). These authors reported that oral administration of 2×10 mg/kg, 2×25 mg/kg and 2×50 mg/kg *per day* etifoxine had no effect on locomotor activity of intact rats recorded in an Opto-Varimex apparatus (Girard et al. 2009). Verleye and co-authors also registered that etifoxine at 25 mg/kg and 50 mg/kg doses (*i.p.*) did not modify spon-

taneous locomotor activity determined by rotarod test in mice (Verleye et al. 2009).

In addition, our results obtained with bar holding test confirm that etifoxine in doses 50 mg/kg and 100 mg/kg *i.p.* does not reduce the muscle tone of intact rats (Table 1). A possible explanation of the lack of myorelaxation after etifoxine administration is related to the fact that the drug does not bind to the GABA_A receptor complex subunits responsible for muscle tone reduction. It has been suggested that benzodiazepines binding to $\alpha 2$ subunit of the GABA_A receptors results in reduced muscle tone (Crestani et al. 2001), while $\alpha 3$ subunit of the same receptor contributes to the same effect at high concentrations of benzodiazepines (Möhler et al. 2001). Another study found evidence of the role of $\alpha 1$, $\alpha 2$, $\alpha 3$ and $\alpha 5$ subunits in diazepam-induced myorelaxation (Luscher et al. 2012). However, etifoxine was found to bind to $\beta 2$ or $\beta 3$ subunits of the GABA_A receptor complex and to our knowledge, these subunits are not involved in muscle tone reduction (Hamon et al. 2003).

Etifoxine evokes increased biosynthesis of neurosteroids through activation of translocator protein 18 kDa (TSPO) formerly termed peripheral-type benzodiazepine receptor (PBR). These neurosteroids and benzodiazepines bind to different sites of the GABA_A receptors (Rupprecht et al. 2010; Gunn et al. 2011). Another study found evidence that selective TSPO ligands with low affinity to central-type benzodiazepine receptor (CBR) do not induce myorelaxation (Zhang et al. 2014). It is therefore quite possible, that

the activation of PBR is not associated with a reduction in muscle tone and motor impairment, which also could be concluded from our experiments with the TSPO ligand etifoxine.

In vitro studies on striated muscle preparations

To elucidate the mechanism of the influence of etifoxine on striated muscle contraction we compared its effects to those of nifedipine – a selective L-type calcium channel blocker.

Previously, we reported that 10^{-5} M nifedipine significantly decreases the muscle force of striated muscle preparations following direct stimulation (Zagorchev et al. 2018). Our recent experiments revealed the same outcome during indirect stimulation (Fig. 1). Furthermore, the inhibitory effects of nifedipine on muscle contractions during nerve (indirect) activation are more prominent than the ones obtained with muscle (direct) stimuli.

There are contradictory data in the literature regarding the influence of calcium antagonists on neuromuscular activity. Rodrigues de Sousa and co-authors reported that 10^{-5} M nifedipine did not produce significant decrease in the muscular response to indirect electric stimulation (Rodrigues de Sousa et al. 2006). However, our results are similar to the ones observed by other researchers. In contrast to Rodrigues de Sousa et al. (2006), Del Pozo and Baeyens (1986) studied the effects of nifedipine (0.001–0.5 mM), verapamil and diltiazem on rat's phrenic-nerve diaphragm preparations and reported

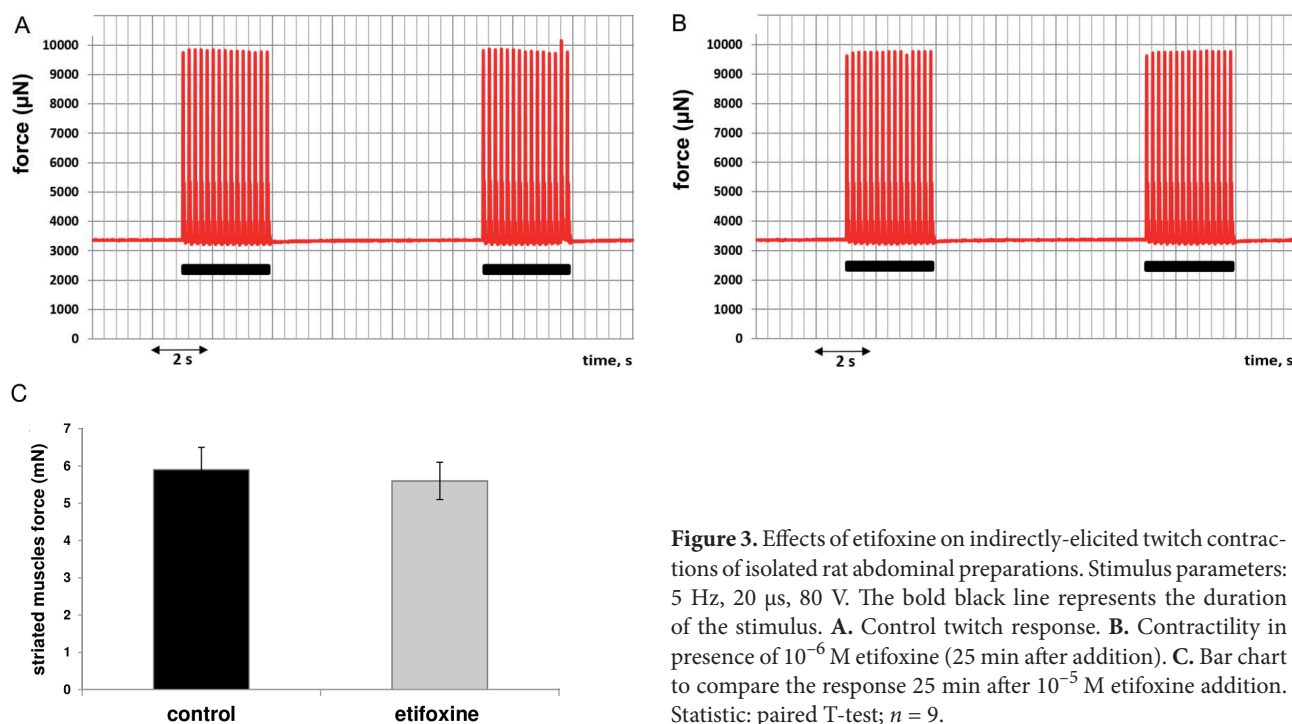


Figure 3. Effects of etifoxine on indirectly-elicited twitch contractions of isolated rat abdominal preparations. Stimulus parameters: 5 Hz, 20 μs , 80 V. The bold black line represents the duration of the stimulus. **A.** Control twitch response. **B.** Contractility in presence of 10^{-6} M etifoxine (25 min after addition). **C.** Bar chart to compare the response 25 min after 10^{-5} M etifoxine addition. Statistic: paired T-test; $n = 9$.

a concentration-dependent reduction in the contractile response to indirect stimulation. Similar results were also observed in other experimental studies using calcium channel blockers (Kraynack et al. 1983; Salvador et al. 1988; Sekerci and Tulunay 1996).

It is highly possible that the reduction of the contractile activity registered in this our study is related to the effect of nifedipine on the nerve cell (prejunctional action) and on the muscle cell membrane (postjunctional action). Electrophysiological studies performed by Rodrigues de Sousa et al. (2006) show presynaptic action of 10^{-5} M nifedipine. The concentration of ionized calcium (Ca^{2+}) in the extracellular fluid is an essential factor for neuromuscular transmission. In the absence of Ca^{2+} , depolarization of the neuronal membrane (e.g. by electrical stimulation) will not lead to the release of neurotransmitters (Martyn et al. 2009). A lot of studies performed *in vivo* and *in vitro* showed that calcium channel blockers prevent the calcium entry through the calcium slow channels in the presynaptic membrane. Thus, the mobilization of acetylcholine in the motor nerve terminal and its release are impaired. This results in inhibited neuromuscular transmission and muscular contraction (Kraynack et al. 1983; Sekerci and Tulunay 1996). Probably the most critical role in the process is played by L-type Ca^{2+} -channels ($\text{Ca}_v1.2$ and $\text{Ca}_v1.3$) localized on the neuronal cell bodies and dendrites (Catterall et al. 2005). Furthermore, calcium channel blockers have local anesthetic activity that may contribute to the inhibitory effect on muscle contraction, probably due to the blockade of voltage-gated Na^+ -channels and reduced sodium influx through ion channels in the neuronal membrane (Sekerci and Tulunay 1996). And last but not least in the conditions of nerve stimulation muscle activation is also possible. Nifedipine could inhibit the $\text{Ca}_v1.1$ L-type calcium channels in sarcolemma that play role in excitation-contraction coupling. The blockage of $\text{Ca}_v1.1$ L-type calcium channels in the muscle cell membrane by nifedipine could contribute to its inhibitory effect on muscle contraction during nerve stimulation. Since the inhibitory effect of nifedipine on muscle contraction is more pronounced in conditions of nerve activation (current results) than in muscle stimuli (previous data), nifedipine may have more potent prejunctional action than postjunctional effect.

Here we report that etifoxine, unlike nifedipine, has insignificant effect on the indirectly-elicited twitch contractions. These results obtained with *in vitro* experiments are confirmed by the tests performed *in vivo*, which also detected lack of myorelaxant effect of etifoxine in doses 50 and 100 mg/kg in rats.

Our search of the literature returned no results related to the use of etifoxine in this type of neuromuscular preparations. Nevertheless, there are some reports about the effects

of other TSPO agonists on neuromuscular synapse, which are consistent with our results for the TSPO ligand etifoxine. *In vitro* experiments indicate that Ro5-4864 (selective TSPO agonist) has no effect on the neuromuscular transmission in mouse isolated phrenic nerve-diaphragm preparations (Chiou and Chang 1994).

Based on our *in vitro* studies on neuromuscular preparations (rat n. intercostalis – m. transversus abdominis), it can be concluded that etifoxine does not impair the impulse transmission in the neuromuscular synapse and does not reduce the muscle tone. During indirect (nerve) stimulation, the influence of etifoxine on L-type Ca^{2+} -channels on the neuronal membrane is insignificant.

Analyzing the experimental results obtained for the influence of etifoxine on striated muscle contraction, the question about the mechanism of these effects is raised.

Allopregnanolone, one of the neurosteroids synthesized after binding of etifoxine to TSPO, is known to reduce neuronal excitability by inhibiting L-type voltage-gated calcium channels. However, such effect was registered at much higher concentrations than the level of allopregnanolone produced from progesterone in the brain so they have no clinical application (Uzunova et al. 1998; Earl 2011; Earl and Tietz 2011).

Summarizing the literature data and the results we have found, we can conclude that, unlike nifedipine, etifoxine does not have a presynaptic action. The lack of statistically significant reduction of striated muscle contractility following indirect stimulation in the presence of etifoxine proves the absence of competitive antagonism between etifoxine and the neurotransmitter acetylcholine.

In summary, the TSPO ligand etifoxine has no myorelaxant effect, which is an advantage over the conventional benzodiazepine anxiolytics. The activation of TSPO is not associated with reduction in muscle tone and motor impairment. Etifoxine does not affect the presynaptic membrane and its influence on L-type Ca^{2+} -channels is insignificant. Etifoxine does not act as a competitive antagonist of acetylcholine. Our *in vitro* and *in vivo* experiments show that etifoxine, similar to other TSPO ligands, does not impair the impulse transmission in the neuromuscular junction (e.g. in abdominal muscles).

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