

# Mitochondria-targeted compounds in the treatment of cancer

## Minireview

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Received July 25, 2019 / Accepted September 18, 2019

Mitochondria are highly dynamic organelles involved in many cellular functions. Beyond their central role in metabolism, they also take a part in maintaining calcium homeostasis, cell death, immunity, and ROS production. Changes in these functions have been shown to be crucial for the adaptation and survival of cancer cells. Mitochondria, therefore, constitute a promising target for the development of novel anticancer agents. The triphenylphosphonium (TPP<sup>+</sup>) moiety has been widely used to target molecules into mitochondria. TPP<sup>+</sup> derivatives of a variety of conventional cytostatic drugs, natural substances, metformin, antioxidants or a range of newly synthesized molecules have shown promising results against cancer cells. In this review, we discuss biochemical differences between cancer cells and normal cells with a specific focus on mitochondria, and how mitochondrially targeted molecules can be used to selectively affect mitochondrial function in normal and cancer cells. We summarize the published data on mitochondrially targeted anticancer agents and propose future research avenues.

*Key words: mitochondria, cancer, triphenylphosphonium, targeting, cytotoxic*

### Role of mitochondria in cancer

Cancerous tumors represent a collection of cells that have undergone a malignant transformation characterized by altered metabolism, immune evasion, genome instability and mutations, resistance to cell death, uncontrolled growth and proliferation. Since mitochondria are major metabolic organelles, their contribution towards tumor growth, including mitochondrial DNA (mtDNA) mutations, alterations in oxidative phosphorylation (OXPHOS), calcium and iron homeostasis or process of apoptosis, have been investigated in detail.

One of the first findings in this area was that cancer cells tend preferentially to convert pyruvate to lactate even under aerobic conditions, a phenomenon known as the Warburg effect [1–3]. One of its effects is the diffusion of protons thus produced from the proximal tumor microenvironment into neighboring tissues causing acidification and tissue remodeling leading to a local invasion [4]. Another corollary is a symbiosis of two different subpopulations of cancer cells,

where the first one produces lactate and the second one uses the lactate as a source of energy (Cori cycle at the cellular level) [5, 6]. The lactate production is further accentuated under hypoxic conditions in some cancer cells [7]. Even if this results in less efficient metabolism in terms of ATP production, it provides sufficient energy for cell proliferation.

During cell proliferation, there is a large demand for lipids, amino acids, and nucleotides, the building blocks of new cells. Not only ATP is required for the synthesis of these materials but also large amounts of acetyl-coA (a source of carbons) and NADPH (a source of electrons). In fact, if we take the ratio of these products, more equivalents of NADPH and carbons are needed compared to molecules of ATP [3]. Even though it has been believed for decades that the factors mentioned above are the reason for cancer cells disposing of OXPHOS, the Krebs' cycle and the mitochondrial respiratory chain are not always switched off, in fact, their activity depends on the tumor type, stage or size as recently reviewed by Jose et al. [8]. The Krebs' cycle, although often modified or truncated, generates intermediates necessary to synthesize

metabolites such as lipids or nucleotides [9, 10], with glutamine shown to be an important resource [11]. Additionally, specific functions of the electron transport chain such as enabling the biosynthesis of aspartate [12] or the generation of ROS important for modulation of cell cycle progression and proliferation have been reported [13, 14]. In some tumors, the fate of pyruvate seems to be dependent on other factors, such as the activity of enzyme pyruvate kinase M2, one of the rate-limiting enzymes in glycolysis. The activity of pyruvate kinase M2 has been shown to be regulated via mTOR signaling. mTOR phosphorylates Mfn2, leading to its interaction with pyruvate kinase M2. This mTOR–Mfn2–pyruvate dehydrogenase kinase signaling axis couples glycolysis and OXPHOS to modulate cancer cell growth [15].

The role of mtDNA in cancer is less clear, however, recent experiments confirm that mtDNA mutations can impart malignant properties on cells, causing an oncogenic or metastatic metabolic switch. On the other hand, mtDNA mutations resulting in severe mitochondrial dysfunction might have a detrimental effect on the cancer cell [16].

Regulated cell death by apoptosis is an active process, which is critical in preventing tumorigenesis. Indeed, resistance to cell death is a classical hallmark of cancer, whereby cancer cells exhibit suppressed apoptosis thus enabling further transformation, with multiple levels of regulation in place [17]. The Bcl-2 family of proteins, which includes anti-apoptotic, pro-apoptotic and BH3-only members, is the master regulator of this process [18] playing roles in the sensing of cellular stress (i.e. DNA damage [19] or ER stress [20]) as well as in the initiation of apoptosis through regulating mitochondrial integrity in a process known as mitochondrial outer membrane permeabilization (MOMP). This is followed by the activation of executioner caspases finally resulting in a loss of the inner mitochondrial membrane potential and ATP synthesis and an increased level of reactive oxygen species [21]. During tumorigenesis, the apoptotic program can be deregulated at several levels of apoptotic regulation, which can lead to cancer initiation and also drive cancer progression [22, 23].

Mitochondrial  $\text{Ca}^{2+}$  also plays a crucial role during cancer. It is known to be important in apoptosis [24, 25], regulation of cellular energetics [26], and cell migration [27, 28], all of which are disrupted in cancer. Located in the inner mitochondria membrane, the mitochondrial calcium uniporter (MCU) and its regulators are responsible for the main entry of calcium into the matrix [29–32]. Studies searching for potential correlations between the expression of MCU complex components and tumor progression have suggested that the MCU complex and its components have different roles in different cancer types and stages [33, 34]. As calcium plays a role in cell migration, MCU and mitochondrial calcium uptake enhance metastasis [35, 36]. On the other hand, it has been shown that downregulation of MCU in colon cancer cells and reduced mitochondrial calcium uptake also contributes to resistance to apoptotic signals [34].

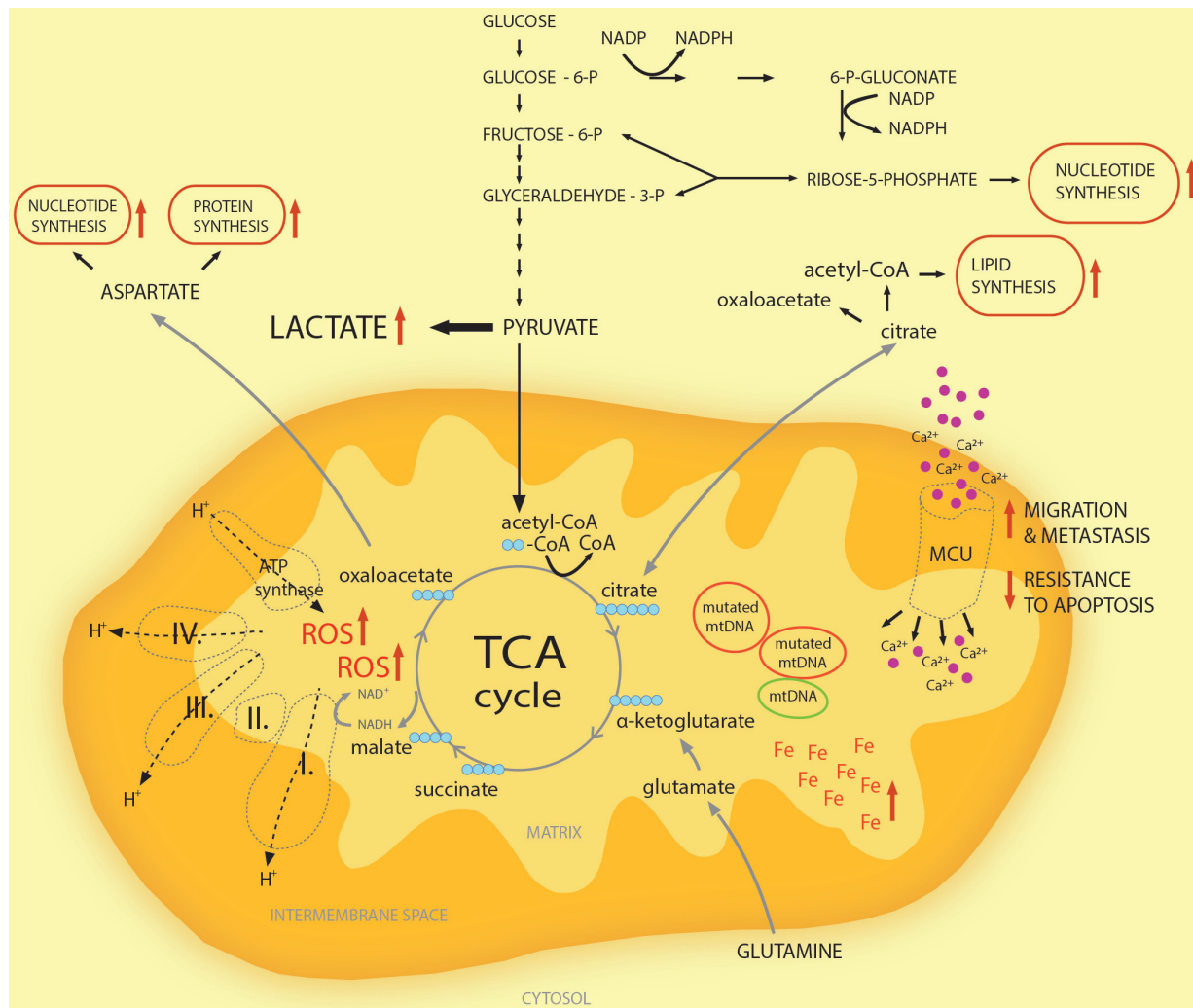
Many studies have shown that some of the neoplastic diseases are linked to abnormalities of iron metabolism [37–41]. Mitochondria are one of the key organelles in iron homeostasis [42], therefore, it is not surprising that this presents another possible role in tumorigenesis. Indeed, it has been suggested that mitochondrial iron plays a role in the metabolic programming and inflammation processes in tumor development [43, 44].

Changes in the mitochondrial function in cancer cells are summarized in Figure 1.

### Targeting mitochondria using triphenylphosphonium

**Triphenylphosphonium (TPP<sup>+</sup>) and its preferential accumulation in mitochondria.** As mentioned above, mitochondria are functionally versatile structures involved in indispensable activities for cell survival. Therefore, the possibility of manipulating their functions such as OXPHOS, calcium homeostasis or the regulation of apoptosis makes them ideal targets for specific anticancer drug delivery. However, getting drugs into mitochondria is not so straightforward due to the necessity to cross several lipid bilayers and in particular, the inner mitochondrial membrane, which is highly selectively permeable for molecules to enter the matrix [45]. Despite this obstacle, different methods have been developed to target molecules into mitochondria, such as mitochondria targeting peptides [46], mitochondria-penetrating peptides [47], gramicidin S [48] or different lipophilic cations, including rhodamine [49] or triphenylphosphonium and its derivatives [50, 51]. Out of these targeting molecules, triphenylphosphonium (TPP<sup>+</sup>) derivatives have been used perhaps most commonly. One reason for this is because they can be used to deliver different bioactive molecules directly into the mitochondrial matrix, while peptides end up mostly localized to the inner mitochondrial membrane (IMM) [52, 53]. Another reason for its relatively wide use is the comparably easy chemical manipulation in terms of conjugation with bioactive compounds [54]. In this review, we will, therefore, focus mainly on mitochondrial drug targeting based on TPP<sup>+</sup> derivatives.

Structurally the TPP<sup>+</sup> moiety is composed of three hydrophobic phenyl groups that surround a positively charged phosphorus atom. There are three main reasons why the conjugation with TPP<sup>+</sup> benefits mitochondrial drug delivery; a) increased lipophilicity of phenyl groups helps to create a large hydrophobic surface area b) spreading of positive charge across the molecule c) phenyl groups sterically protect the phosphorus atom shielding it from solvation [50, 55]. These chemical properties in combination with the large mitochondrial membrane potential lead to its accumulation inside mitochondria. In fact, the uptake of TPP cations into mitochondria increases approximately 10 fold for every 61.5 mV of membrane potential at 37°C leading to 100–500 fold accumulation in average mitochondria [56], see Figure 2.



**Figure 1. Mitochondrial function in cancer.** A scheme of changes in mitochondrial functions in cancer cells. These include increased production of lactate, increased synthesis of lipids, amino acids and nucleotides, truncated function of the Krebs' cycle and the mitochondrial respiratory chain leading to increased production of ROS; a mutation in mtDNA and calcium homeostasis disbalance (increased/decreased levels) and increased levels of iron. For relevant references see the text.

**Preferential accumulation of TPP<sup>+</sup> derivatives in mitochondria of cancer cells compared to normal cells.** Since TPP<sup>+</sup> derivatives accumulate in functioning mitochondria of any cells, the obvious question is what mechanism may account for their relative selectivity for cancer cells. One of the explanations for this phenomenon is that cancer cells have both a higher plasma membrane potential and a higher mitochondrial membrane potential [57, 58]. One study reported that the difference between control and carcinoma epithelial cell lines was approximately 60 mV [59]. A similar increase in the mitochondrial membrane potential was shown in epithelial adenocarcinomas, particularly colon adenocarcinoma or tumorigenic bladder epithelial cell lines [57, 60, 61]. As *in vitro* studies have their own limitations, these results were also confirmed *in vivo* [62]. A study on breast carcinoma cells *in situ* produced similar results, however, a

small percentage of patients showed instead a similarity with non-malignant epithelium [63]. This variability could be due to the heterogeneity of these tumors *in vivo*, where they are highly hormone dependent. Han et al. showed that TPP<sup>+</sup>-conjugated doxorubicin overcomes the resistance of breast cancer cells but exhibits a lack of selectivity, which may suggest that there is no difference in membrane potential compared to control cells [64]. Higher membrane potential was also not detected in leukemias, lymphomas, neuroblastomas or osteosarcomas [57].

It is reasonable to assume that the observed increase in the mitochondrial membrane potential in cancer cells results from structural or functional differences of some components of the organelle characteristic for this pathological process, such as disruptions in mitochondrial respiratory chain complexes, ATP synthase, adenine nucleotide

translocator (ANT) or membrane lipid structure. Indeed, some cancer cell lines show alterations in various subunits of ATP synthase or cytochrome *c* oxidase resulting in their lower activity [65, 66]. This was also observed in a range of tumors [67–71]. This may have a negative impact on proton pumping and/or transport back into the matrix, which may result in changes in the mitochondrial membrane potential. There are, however, also reports suggesting the contrary – an increase not only in the expression of ATP synthase [72] but also its activity together with an increase of activity of the respiratory chain complexes [73] in breast cancer cells.

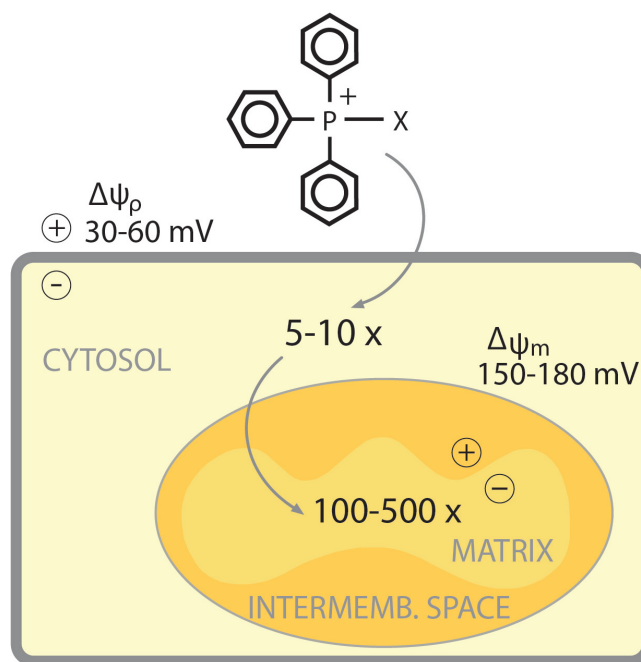
The discrepancies among the reports raise the question, whether previously shown disruptions in ATP synthase and cytochrome-*c* oxidase are the main or only mechanisms for the observed higher membrane potential within most of the cancer cells. However, what other factors might be involved and influence the uptake of TPP<sup>+</sup> derivatives is currently not clear and the precise mechanism of the selectivity of mitochondrially targeted substances for cancer cells remains to be further elucidated.

**The effect of the TPP<sup>+</sup> moiety itself on mitochondria in normal cells.** While some studies of mitochondrially targeted compounds seem to assume that their effects are largely or entirely caused by the bioactive component, there is solid evidence that the TPP<sup>+</sup> moiety itself has significant effects on the mitochondrial function. TPP<sup>+</sup> derivatives may cause respiratory chain and Krebs cycle dysfunction, most likely via different mechanisms [74–76].

The first mechanism is most readily observed in TPP<sup>+</sup> derivatives with a shorter alkyl chain, such as triphenylmethylphosphonium (TPMP). This molecule is less hydrophobic (compared to other TPP<sup>+</sup> derivatives substituted with longer alkyl chain), therefore a higher amount will be accumulated within the mitochondrial matrix, where it interacts with the 2-oxoglutarate dehydrogenase complex, a key enzyme of Krebs cycle, and causes its inhibition resulting in the inhibition of the mitochondrial respiration [76]. Interestingly, one study has shown that while TPMP decreases basal oxygen consumption rate, it causes a greater stimulation of respiration with FCCP after oligomycin [74].

The more hydrophobic derivatives tend preferentially to associate with the inner mitochondrial membrane; therefore their concentration within the mitochondrial matrix is lower compared to shorter derivatives. However, they directly interact with complexes of inner mitochondrial membrane, respiratory chain complexes included.

In the simple case of alkyl derivatives, their inhibitory effect on the respiratory chain complexes appears to correlate with the carbon chain length. Propyl or butyl derivatives show virtually no changes in any of the bioenergetic parameters compared to control, however, longer and more hydrophobic derivatives such as heptyl, decyl or dodecyl are far from inert. In C2C12 cells, it has been shown that long chain alkyl derivatives increase proton leak and decrease maximal respiration, with the inhibition mostly centered on complex



**Figure 2.** Uptake of TPP<sup>+</sup> derivatives by mitochondria. The uptake of the TPP<sup>+</sup>-conjugated compound X into the cytoplasm from the extracellular space is driven by the plasma membrane potential and its subsequent accumulation in mitochondria is driven by the mitochondrial membrane potential. Both processes are happening according to the Nernst equation. The plasma and mitochondrial membrane potentials ( $\Delta\psi$ ) are indicated. Scheme modified from Murphy [106].

I and complex III. The observed effect is proportional to the increase of the length of the alkyl chain and concentration [75]. When mouse kidney mesangial cells were treated with decyl-TPP<sup>+</sup>, a decrease in oxygen consumption rate was observed, however, interestingly this effect reverted after 20 minutes, and oligomycin did not cause a decrease in the oxygen consumption rate (OCR) and the addition of FCCP resulted in an inhibition, rather than stimulation of respiration [74]. Decyl and dodecyl TPP derivatives also cause the collapse of the mitochondrial membrane potential, likely due to direct disruption of the lipid bilayer structure. In all cases, different TPP<sup>+</sup> derivatives, regardless of the length of the alkyl chain and of the specific cell line used, cause an increase of the extracellular acidification rate (ECAR) suggesting a defect in OXPHOS [74–76].

TPP<sup>+</sup> derivatives also cause an inhibition of calcium efflux from mitochondria through a direct interaction with Na<sup>+</sup>/Ca<sup>2+</sup> exchanger [77, 78]. A toxic effect of TPP<sup>+</sup> derivatives was also demonstrated *in vivo* [79].

**The effect of the TPP<sup>+</sup> moiety itself on mitochondria in cancer cells.** The TPP<sup>+</sup> moiety is a common feature of many different bioactive compounds tested for anti-cancer effects. Some believe that the TPP<sup>+</sup> moiety itself might have anti-cancer effects; however, a detailed mechanism remains to be elucidated. As mentioned above, the main function



of this moiety is to specifically target mitochondria leading to a higher accumulation of the molecule in the mitochondria, therefore potentiating the effect of bioactive compound [80], bypassing unwanted DNA repair mechanisms [81], decreasing the adverse effects [82] or preventing drug efflux mechanisms [64, 82]. Having anticancer drugs conjugated to the TPP<sup>+</sup> moiety increases their penetration into tumor mitochondria due to their often higher mitochondrial membrane potential (as discussed above).

These findings seem to be consistent in most of the reported studies, but there are also contrary findings. Cheng et al. reported that decyl-TPP<sup>+</sup> itself did not show any selectivity to pancreatic ductal adenocarcinoma cells compared to non-malignant cells. Interestingly, when decyl-TPP<sup>+</sup> was conjugated to metformin, there was a higher selectivity to cancer cells compared to normal cells, where the precise mechanism of this observed effect was not specified [83].

Some studies suggest that the moiety itself is mostly inert [64, 81, 83, 84], and the conjugation may lead to the inertness of the whole pro-drug preventing it from full activation [85]. On the contrary, other studies have suggested that TPP<sup>+</sup> itself can potentiate or modulate the cytotoxic effect. The length of the alkyl chain of TPP<sup>+</sup> derivatives has an impact on the effectiveness of the drug [83], as does the increase of the number of the TPP<sup>+</sup> moieties [85]. This finding is at odds with the report from Ross et al., who showed that bis-TPP<sup>+</sup> dications struggle to accumulate in mitochondria [86]. Doxorubicin

itself induces apoptosis, however, when conjugated to TPP<sup>+</sup> it has been shown to trigger necrosis [87].

This summary clearly shows that the effects of the TPP<sup>+</sup> moiety with or without a conjugated bioactive compound require much more detailed research before a rational design of effective anticancer agents becomes possible.

### Mitochondrially targeted anticancer agents

Bioactive compounds conjugated to TPP<sup>+</sup> so far appearing in the literature can be divided into four categories: 1) conventional cytotoxic drugs 2) natural substances 3) molecules originally used for the treatment of diseases other than cancer or 4) new TPP<sup>+</sup> derivatives.

**Cytotoxic drugs.** A range of commonly used cytotoxic agents such as cisplatin, doxorubicin, paclitaxel or tamoxifen has been conjugated to TPP<sup>+</sup>. Additionally, some of these derivatives have been further connected to different nanocarrier systems and tested for specific mitochondrial drug delivery [81, 82, 87].

The main target of cisplatin is nuclear DNA, where it functions by directly binding to purine bases leading to DNA damage. However, its resistance to DNA repair mechanisms and non-selectivity to cancer cells often complicates the treatment and leads to lower efficacy [88–90].

Studies have shown that cisplatin conjugated to TPP<sup>+</sup> preferentially accumulates inside mitochondria, therefore

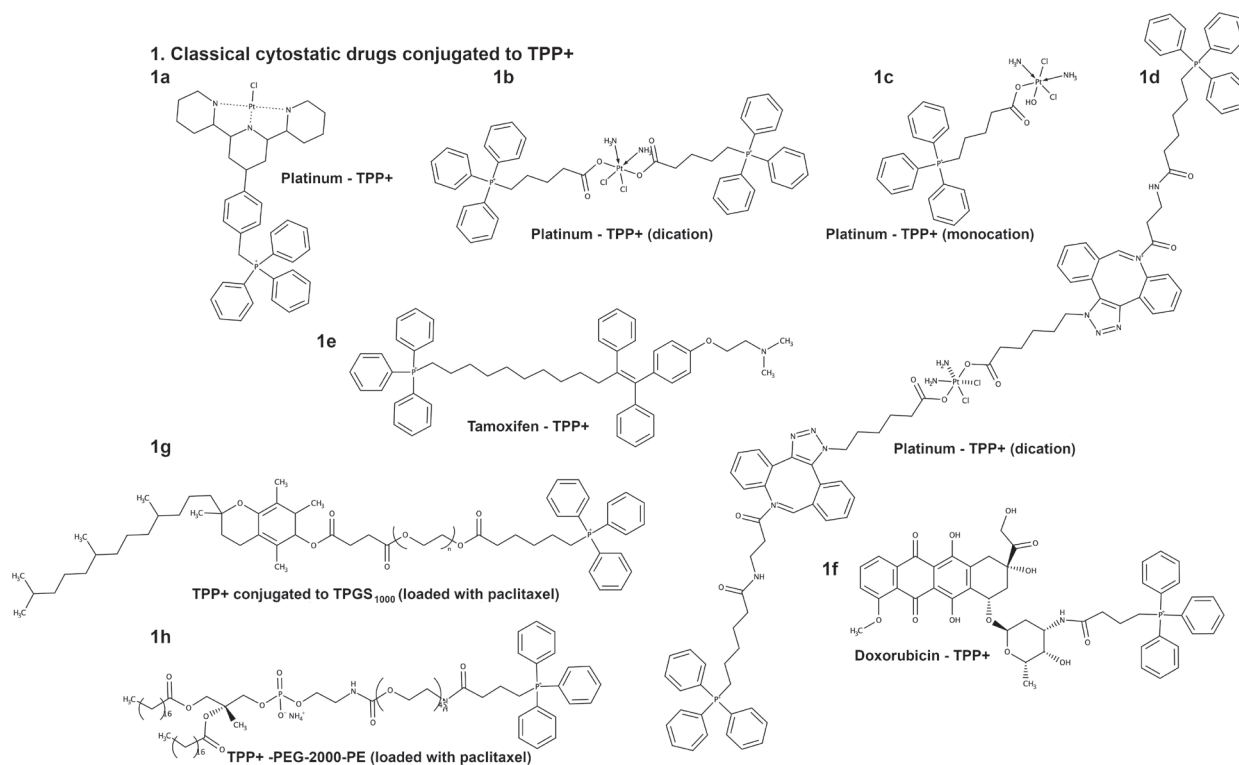


Figure 3. Chemical structures of TPP<sup>+</sup>-conjugated anticancer agents. Part 1.

bypassing its nuclear DNA mechanisms. TPP<sup>+</sup>-cisplatin accumulated within mitochondria binds to mtDNA, inhibits mitochondrial respiration and the mitochondrial antioxidant enzyme thioredoxin reductase (TrxR), and causes cristae remodeling, resulting in enhanced cytotoxicity even in cisplatin-resistant cells. These compounds also showed lower toxicity towards normal cells. For chemical structures see Figure 3; 1a–d [81, 85, 91].

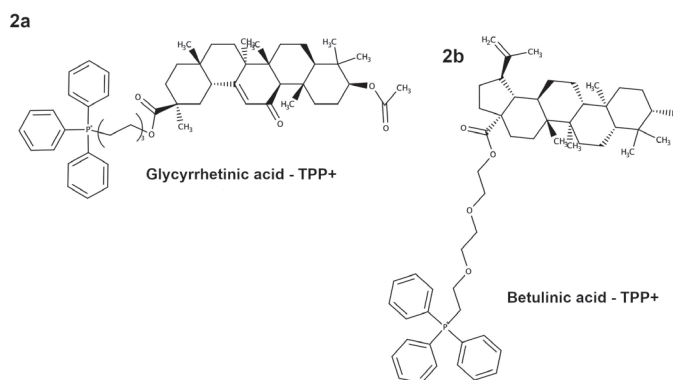
Tamoxifen conjugated to TPP<sup>+</sup> (MitoTAM, Figure 3; 1e) accumulates in mitochondria of breast cancer cells and tumors overexpressing Her2 oncogene and causes disruptions of supercomplexes, inhibition of complex I, dissipation of the membrane potential and an increase of ROS production. Additionally, it exhibited cytotoxicity against cancer cells both *in vitro* and *in vivo* without inducing senescence [92, 93].

Doxorubicin, when conjugated to TPP<sup>+</sup> (Figure 3; 1f), acts mainly through the disruption of mitochondrial metabolism rather than the classical, well-studied interaction with

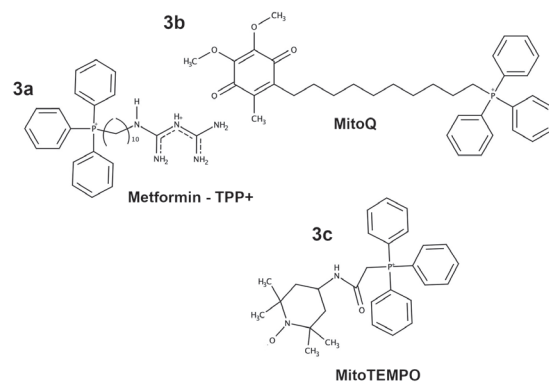
topoisomerase II in the nucleus. In an interesting twist to the conventional targeting method, attaching TPP<sup>+</sup> to a nanoparticle carrying doxorubicin induced severe and acute cytotoxicity in prostate carcinoma cells, which was mainly of a necrotic nature, compared to doxorubicin itself [87]. However, this is not in accordance with other reports showing increased cytotoxicity via apoptosis in melanocytes treated with TPP<sup>+</sup>-doxorubicin [64]. TPP<sup>+</sup>-doxorubicin combined with hyaluronic acid caused an increase in ROS production and cytotoxicity in breast cancer cells. This effect was also observed in tumor-bearing zebrafish where it significantly inhibited tumor growth and prolonged survival compared to unconjugated doxorubicin [82].

TPP<sup>+</sup>-conjugated nanocarriers loaded with paclitaxel (Figure 3; 1g, 1h) specifically targeted mitochondria in cancer cells, effectively killing the cells *in vitro* and inhibiting tumor growth *in vivo* in 4T1 tumor-bearing mice. At the same time, no toxic side effects were observed in animals [94, 95].

## 2. Natural substances conjugated to TPP<sup>+</sup>



## 3. Conventional drugs with a new role in cancer conjugated to TPP<sup>+</sup>



## 4. New TPP<sup>+</sup> derivatives

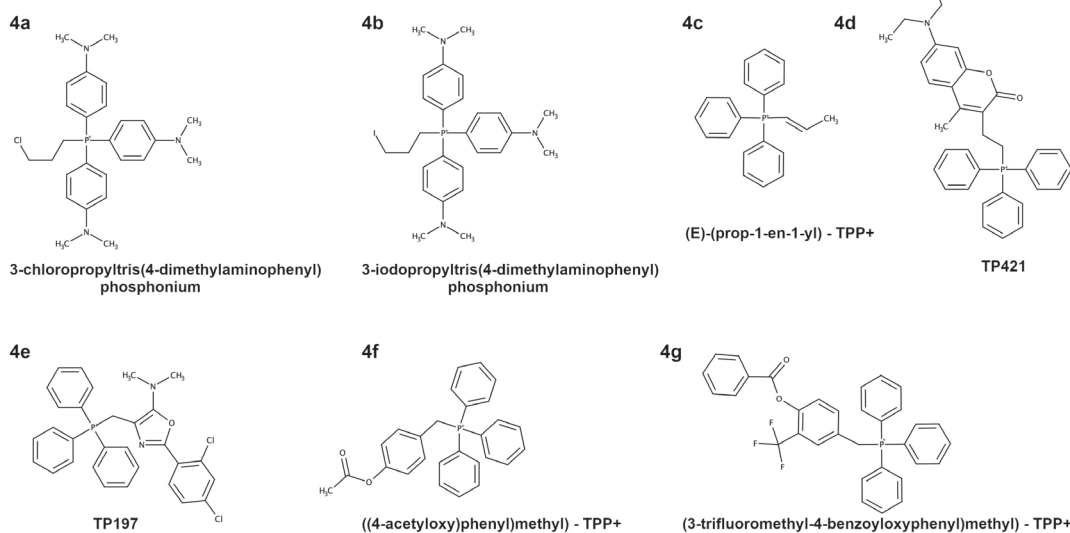


Figure 4. Chemical structures of TPP<sup>+</sup>-conjugated anticancer agents. Part 2.

**Natural substances.** Glycyrrhetic acid, a pentacyclic triterpenoid obtained from the plant *Glycyrrhiza glabra*, has been shown to have anti-tumor activity. However, its low bioavailability, poor aqueous solubility, and limited intracellular accumulation limit its usage. The conjugation of glycyrrhetic acid to TPP<sup>+</sup> eliminates these obstacles. This compound (Figure 4; 2a) specifically targets mitochondria to induce cell cycle arrest, inhibits cancer cells proliferation and migration. Additionally, it causes the collapse of the mitochondrial membrane potential, increases the production of reactive oxygen species and activates pro-apoptotic proteins triggering apoptosis with some selectivity for cancer cells compared to normal cells [96].

Similar to glycyrrhetic acid, betulinic acid is a highly hydrophobic compound and has poor blood solubility and therefore limited intracellular accumulation. However, when conjugated to TPP<sup>+</sup> its properties are markedly modified. It leads to increased bioavailability and higher cytotoxic activity against cancer cells, due to its preferential accumulation in mitochondria, where it suppresses mitochondrial respiration and induces the apoptotic cascade (Figure 4; 2b) [97].

**Conventional drugs with a new role in cancer – metformin and antioxidants.** Metformin is a standard drug used to treat type 2 diabetes mellitus. There is overwhelming evidence that patients suffering from diabetes mellitus had a significantly increased risk for cancer, however, in patients treated with metformin this risk was decreased [98]. In another study, metformin showed inhibition of cell and tumor growth and an enhanced response to ionizing radiation in non-small cell lung cancer [99]. These effects of metformin were potentiated by its conjugation to TPP<sup>+</sup>, which led to increased bioavailability. Pancreatic cancer cells treated with TPP<sup>+</sup>-metformin (MitoMet, Figure 4; 3a) showed higher radiation sensitivity, increased activation of adenosine monophosphate kinase (AMPK) and a decrease of a redox responsive transcription factor FOXM1. Additionally, there was a significant decrease of oxygen consumption rate, inhibition of complex I activity and increased production of ROS with an inhibition of cell growth. Suppression of tumor growth upon treatment with MitoMet was confirmed also *in vivo* [83].

The mechanism of action of many anticancer drugs, including those mentioned above, is based on an increase of ROS above threshold levels either via disruptions of the respiratory chain or by other, so far not well-described mechanisms, often resulting in apoptosis. At the same time, a certain elevation of ROS in cancer cells compared to normal cells is crucial to causing their genetic instability [100], as well as promoting cell growth and proliferation [101]. Based on this, mitochondrial targeted antioxidants, such as MitoTEMPO or MitoQ (Figure 4; 3b, 3c), have been tested as potential anticancer drugs showing promising results [102].

**New TPP<sup>+</sup> derivatives.** Not only different chemotherapeutic drugs conjugated to TPP<sup>+</sup> have been shown to have promising anticancer effects, but also other TPP<sup>+</sup> derivatives.

Tetraphenylphosphonium cation and other phosphonium cations selectively inhibited the growth of human pancreatic carcinoma-derived cells [103]. 3-chloropropyltris(4-dimethylaminophenyl) phosphonium chloride (APPCL) and 3-iodopropyltris(4-dimethylaminophenyl) phosphonium iodide (APPI) showed promising anticancer effects, including cell lines and mouse models resistant to conventional drugs [104]. Their chemical structures are shown in Figure 4; 4a, 4 b.

Another report showed that TPP<sup>+</sup> derivatives with (E)-(prop-1-en-1-yl), 2-(oxazol-4-ylmethyl) or 2-ethyl-4-(2-oxo-2H-chromen-3-yl) (Figure 4, 4c–e) caused a decrease in the OCR, a concomitant increase of ROS, which altered redox sensitive cell signaling pathways resulting in an inhibition of growth factor-mediated signaling, promotion of cell cycle arrest and induction of apoptosis [105].

Esterified phenol derivatives conjugated with the TPP<sup>+</sup> cation (Figure 4; 4f–g) showed a specific cytotoxic effect against some cancer cell lines, particularly lung cancer and osteosarcoma. The differences in cytotoxicity between various cell lines might correlate with their metabolic differences. PGC-1 $\alpha$ , a regulator of mitochondrial biogenesis, is inactivated by these compounds in lung cancer cells, resulting in a reduction of mitochondrial mass and energy metabolism. The high accumulation of these compounds within mitochondria leads to a higher production of ROS, which results in apoptosis. Interestingly, the non-esterified versions failed to accumulate sufficiently in mitochondria [84].

## Conclusion

Mitochondria have become an exciting new drug target for anticancer therapy. A wide range of bioactive molecules conjugated to TPP<sup>+</sup>, and indeed simple TPP<sup>+</sup> derivatives themselves, have shown promising anti-tumor activity despite the fact that the mechanisms of their actions remain unclear. In order to further the research into new, mitochondrially targeted anticancer agents and perhaps to bring about the promise of more cancer-selective, less damaging treatments, more attention needs to be brought to the molecular mechanisms of TPP<sup>+</sup> interactions inside cells and mitochondria, on their effects on energy metabolism and, crucially, on their unexpected and adverse effects.

From the review of literature, it is clear that the conjugation of a biologically active molecule often significantly alters its mechanism of action and its molecular targets, while at the same time conserving or enhancing its antiproliferative effects. While it is conceivable that there exist biologically inactive TPP<sup>+</sup>-conjugated compounds that do not appear in the literature due to the fact of their inefficacy (the well-known negative result gap), the wide range of molecules that, after conjugation with triphenylphosphonium, exhibit cytotoxic effects suggests that the TPP<sup>+</sup> moiety is often more than just a targeting tool. There is a glaring lack of published studies of targeted molecules using unstable linkers, which

would allow the release of the biologically active molecule from the targeting moiety. While this is likely mostly due to the inherent complications linked to their synthesis and stability in biological systems, only such molecules could provide us with a clearer understanding of the pharmacology of mitochondrial targeting and, furthermore, with a clearer path towards the development of safer and more efficacious treatments.

Acknowledgments: This work was supported by PROGRES-Q36-METAB-GAP UK from Charles University. The authors would like to thank Valéria Gašparová for help with drawing the figures.

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