

# Estrogen can promote the expression of genes related to precocious puberty in GT1-7 mouse hypothalamic GnRH neuronal cell line *via* activating G protein-coupled estrogen receptor

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**Abstract.** The G protein-coupled estrogen receptor (GPER) was proved to be a new type of estrogen receptor (ER). It is unknown that whether estrogen can regulate the secretion of gonadotrophin releasing hormone (GnRH) in GT1-7 cells through the mechanism with the involvement of GPER. The *GnRH*, estradiol (17 $\beta$ -estradiol, E2) and *GPER* in peripheral blood of precocious puberty children were detected by ELISA and RT-qPCR assays. After E2 treatment, the levels of GPER and GnRH in GT1-7 cells were detected. Following G1 treatment, cell proliferation was examined using a CCK-8 assay. The levels of GnRH, *KISS1*, *GPR54*, *nNOS*, *c-FOS* in GT1-7 cells were assessed following GT1-7 cells were induced by E2 combined with G1 or G15. GnRH, E2 and GPER were significantly increased in precocious puberty children. After E2 treatment, GT1-7 cells expressed more GnRH and GPER was markedly elevated and reached a peak at 8 h. The *KISS1*, *GPR54* and *nNOS* in GT1-7 cells were significantly increased with G1 induction, but were significantly decreased with G15 induction compared with E2 induction alone. Collectively, GPER cannot promote the release of GnRH *via* affecting the proliferation of GT1-7 cells, but it may regulate GnRH through *KISS1/GPR54* pathway, which provides novel ideas for precocious puberty children treatment.

**Key words:** Precocious puberty — G protein-coupled estrogen receptor — Gonadotrophin releasing hormone — *KISS1* — *GPR54*

## Introduction

Puberty is the culmination of a series of complex developmental events that lead to the acquirement of reproductive capacity and the completion of phenotypic sexual differentiation, defined by the full activation of the so-called hypothalamic-pituitary-gonadal (HPG) axis (or

gonadotropic axis) (Grumbach 2002). In recent years, the influence of exogenous estrogen on adolescent development has attracted increasing attention. A certain amount of exogenous estrogen intake in prepubertal children can cause various types of developmental abnormalities, including precocious puberty, which is more common in girls, presenting as accelerated bone maturation, early healing of long bone epiphyses, early sexual development and early menstruation (Bateman and Patisaul 2008; Brito et al. 2008; Kauffman 2009). Compared with healthy children, precocious puberty children have shorter height in adulthood with uncoordinated body proportion and obesity, which obviously affects the normal growth and development of children (Brito et al. 2008).

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The hypothalamic KISS1 metastasis-suppressor (KISS1) system was identified to be the neuro-hormonal mechanism responsible for puberty onset (Navarro et al. 2007). This hormonal system is driven by the hypothalamic decapeptide gonadotropin-releasing hormone (GnRH), which is episodically released into the hypophyseal portal blood system to activate the pulsatile secretion of luteinizing hormone (LH), gonadotropins and follicle-stimulating hormone (FSH). These, in turn, operate as major endocrine regulators of the gonads, which reach complete maturity and function at the time of puberty. Therefore, GnRH plays a key role in regulating HPG axis function, which is activated temporarily in late fetal and early infant, and then inhibited in childhood until activated in adolescence again (DiVall and Radovick 2008). This process is regulated by inhibitory or activated hormones, including neuropeptide Y, melatonin,  $\gamma$ -aminobutyric acid, kisspeptin, leptin, Galanin, nitric oxide and excitatory amino acids (including glutamate, aspartic acid, etc.) (Rasier et al. 2006), but the regulatory mechanism is still unclear. The hormone estradiol ( $17\beta$ -estradiol, E2) is a natural estrogen excreted by human and livestock and is produced primarily within the female ovaries or in the male testes (Tai and Welch 2005). E2 plays a vital role in various physiological processes, with a particular impact on reproductive and sexual function (Wang et al. 2016).

The KISS1 gene product is a RF-amide peptide, and two peptides with structural similarities have recently been shown to play crucial roles in neuroendocrine regulations (Hinuma et al. 1998; Satake et al. 2001). G protein-coupled receptor 54 (GPR54) has been initially identified as an orphan G protein-coupled receptor with 40% homology to galanin receptors. Recently, a 54-aa peptide derived from the KISS1 protein was identified as a ligand of GPR54. The effects of kisspeptins were unattainable in GPR54 knockout mice, demonstrating specificity for this receptor (Messager et al. 2005). Activation of GPR54 by KISS1 decreases the cellular motility and proliferation (Kotani et al. 2001; Ohtaki et al. 2001). However, it is unknown whether these features are relevant to the mechanisms leading to PP. Previous research discovered that the disabling mutations in GPR54 caused idiopathic hypogonadotropic hypogonadism, suggesting that kisspeptins are key regulators of reproductive neuroendocrine function (de Roux et al. 2003). Additionally, research have also identified GPR54 and possible KISS1 protein-derived peptide as playing a major and previously unsuspected role in the physiology of the gonadotropic axis (de Roux et al. 2003) and puberty is initiated by the pulsatile release of GnRH (DiVall and Radovick 2008). Although study had indicated that the kisspeptin-GPR54 pathway is an important stimulator of GnRH neuron activity and puberty (Smith and Clarke 2007), factors that affect the kisspeptin-GPR54 pathway have not been determined.

Steroid production subsequently causes the dramatic physical changes associated with puberty (Rasier et al. 2006). Estrogen is a steroid hormone that binds to estrogen receptor (ER) to produce a series of physiological effects. Studies have shown that estrogen can promote GnRH secretion in GT1-7 cells through estrogen receptor-alpha (ER- $\alpha$ ), KISS1, GPR54, neuronal nitric oxide synthase (nNOS) and c-FOS (Cheng et al. 2006; Varju et al. 2009). The G protein-coupled estrogen receptor (GPER) has been found to be a new type of estrogen receptor, which can mediate the rapid response and transcriptional regulation of estrogen-like substances by trans-activating the second messenger of epidermal growth factor receptor (EGFR) and  $Ca^{2+}$  (Carmeci et al. 1997; Yu et al. 2012). However, it is unknown whether estrogen can participate in the secretion of GnRH in GT1-7 through the mechanism of GPER. Therefore, the present study aims to explore whether estrogen can stimulate the secretion of GnRH and the expression of genes related to precocious puberty in GT1-7 through GPER mechanism.

## Materials and Methods

### *Patient and blood samples*

50 cases of blood samples were obtained from female patients diagnosed with precocious puberty who were admitted to the Central Hospital of Wuhan from June 2017 to December 2018. At the same time, 50 cases of blood samples of healthy children at the same age were collected as controls. Blood samples (each 5 ml) were harvested in serum separation tubes. After separation, the serum was stored at  $-80^{\circ}\text{C}$  until analysis by enzyme linked immunosorbent assay (ELISA). All the study and protocols have been approved by the Ethics Committee of the Central Hospital of Wuhan (License NO. 2019-17). Signed informed consent was obtained from all people tested.

### *Cell culture and treatment*

The mouse GnRH-producing hypothalamic cell line GT1-7 cells (p16) were cultured as a monolayer in complete fresh Dulbecco's modified Eagle's medium (DMEM; Sigma-Aldrich; Merck KGaA, Darmstadt, Germany) supplemented with 10% (v/v) fetal bovine serum (FBS) and 1% penicillin-streptomycin. The cultures were incubated at  $37^{\circ}\text{C}$  in a humidified atmosphere containing 5%  $\text{CO}_2$  for 2 days after seeding. Then, cells were washed with PBS twice and digested with 0.25% trypsin-EDTA. When more than half of the cells were observed to become round under a microscope, a serum-containing medium was added to terminate digestion. After made into single-cell suspension, cells were cultured in an incubator and inoculated into a 12-well plate

after cell passage for three times. After cell growth reaching about 80–90%, the complete cell culture medium was replaced with serum-free medium and GT1-7 cells were incubated with water-soluble 17 $\beta$ -estradiol (E2, 100 pmol/l, Sigma) or G1 (1  $\mu$ m) for 4, 8, 12 and 16 h, respectively. After detection and screening, GT1-7 cells were incubated with E2 (100 pmol/l) for 8 h, and then treated with G1 (1  $\mu$ m) or GPER antagonist (G15, 100 nm) for 24 h.

#### Enzyme-linked immunosorbent assay (ELISA)

Serum was stored at  $-80^{\circ}\text{C}$  until analysis for GnRH, E2 and GPER using ELISA kit purchased from Shanghai Bogu Biotechnology Co., Ltd. (Shanghai, China) according to the manufacturer's instructions. Following GT1-7 cells were treated with estradiol (E2, 100 pmol/l) for 4, 8, 12 and 16 h, an ELISA kit of GnRH (R&D Systems, Minneapolis, MN, USA) were used to quantify the level of GnRH in the GT1-7 cells medium. The cells were divided into five groups: Control, E2-4 h, E2-8 h, E2-12 h and E2-16 h groups.

#### Immunofluorescence staining

GT1-7 cells were seeded at 10% confluence onto small glass coverslips placed in 24-well plates. Twelve hours later, different treatments were performed and then the coverslips were removed, washed with PBS three times, and fixed with 4% paraformaldehyde in PBS for 20 min. After pushing through the cytomembrane (0.1% Triton, 0.1% sodium citrate for 10 min) and blocking in 5% goat serum for 1 h, the cells were incubated with GPER primary antibodies at  $4^{\circ}\text{C}$  overnight. After washing with PBS, the cells were incubated with a 1:500 dilution of a fluorescent tag (Alexa Fluor 488; Thermo Fisher Scientific) and conjugated with secondary antibodies for 30 min in the dark. Next, the cells were treated with DAPI (1:10,000, Invitrogen) for 5 min, washed with PBST, covered with an antifade mounting medium, and placed onto microscope slides. Finally, the location of GPER was measured using a laser scanning microscope equipped with a digital camera (Q Imaging, Burnaby, BC, Canada). Photographs were taken with  $400\times$

magnification. Experimental grouping: Control, E2-4 h, E2-8 h, E2-12 h and E2-16 h groups.

#### CCK-8 assay

GT1-7 cells were seeded in 96-well plates. GT1-7 cells were treated with GPER agonists (G1, 1  $\mu$ m/ml). The cells were cultured at  $37^{\circ}\text{C}$ , 5%  $\text{CO}_2$  for the indicated times (4, 8, 12 and 16 h) and then treated with 10  $\mu$ l of CCK-8 solution (Dojindo Molecular Technologies, Gaithersburg, MD, USA) at the indicated times. Subsequently, the cells were cultured for another 3 h. The amount of formazan dye generated by cellular dehydrogenase activity was measured by absorbance at 450 nm with a microplate reader (Enspire Multimode Plate Reader, PerkinElmer, USA). Experimental grouping: Control, G1-4 h, G1-8 h, G1-12 h and G1-16 h groups.

#### Quantitative real-time polymerase chain reaction (RT-qPCR)

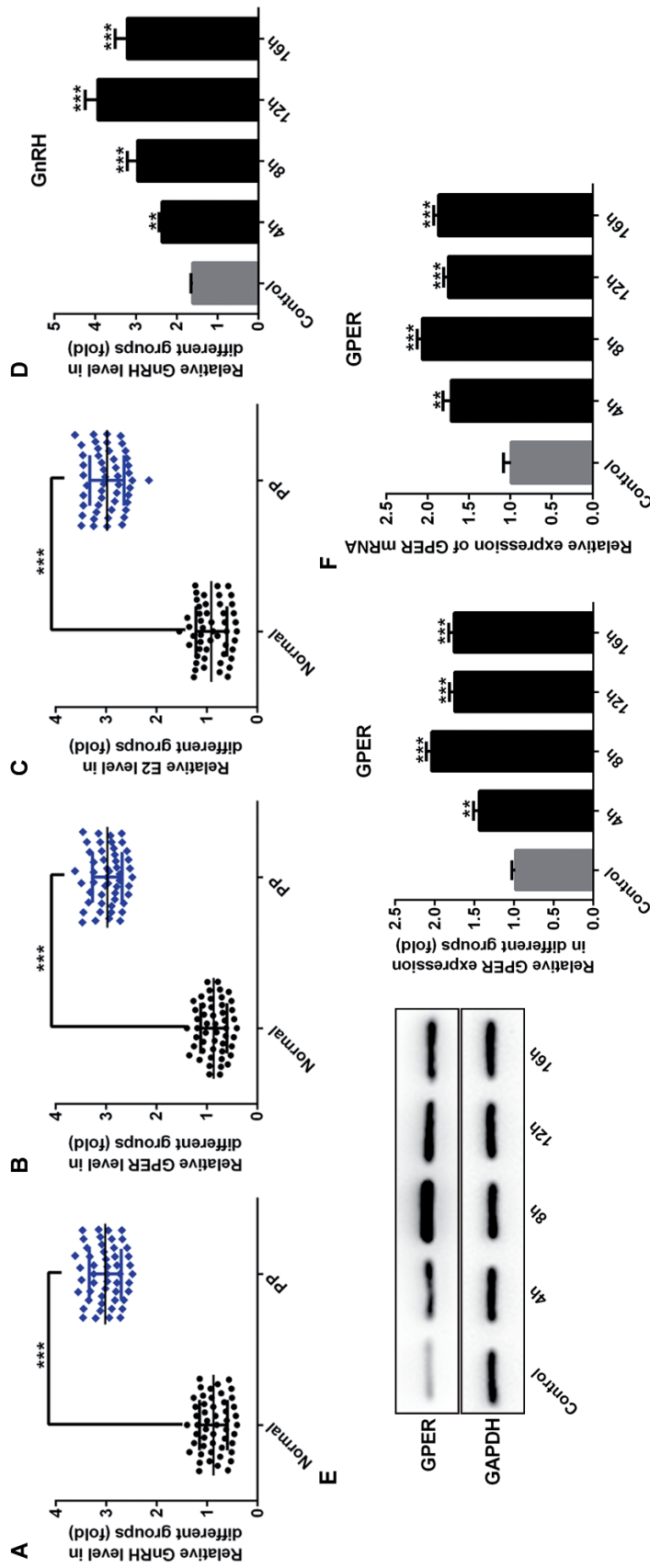
GnRH, E2, GPER, KISS1, GPR54, nNOS and c-FOS expression was analyzed using an RT-PCR system (Bio-Rad, Marnes-la-Coquette, France). TRIzol reagent (Thermo Fisher Scientific) was used according to the manufacturer's instructions. Total RNA was extracted from serum sample and GT1-7 cells using TRIzol Reagent. For the investigated genes, mRNA expression was normalized to that of GAPDH. The qPCR reaction was performed following:  $95^{\circ}\text{C}$  for 2 min, followed by 40 cycles of 15 s at  $95^{\circ}\text{C}$  and at  $60^{\circ}\text{C}$  for 1 min. The primers are described in Table 1. Relative gene expression was calculated using the  $2^{-\Delta\Delta\text{Ct}}$  method.

#### Western blotting

Total proteins from treated cells were washed with cold phosphate-buffered saline and extracted using RIPA lysis buffer (Cell Signaling Technology). The protein concentrations in the cell lysates were conducted using a BCA protein assay reagent (Pierce, Rockford, IL, USA). Cell proteins (45  $\mu$ g) were separated by sodium dodecyl sulphate polyacrylamide gel electrophoresis (SDS-PAGE) and then transferred onto polyvinylidene fluoride membranes (PVDF, Sigma-Aldrich,

**Table 1.** Primers used for quantitative polymerase chain reaction

Gene	Forward primer (5'-3')	Reverse primer (5'-3')
GnRH	ACTGTGTGTTTGGAAAGGCTG C	TTCCAGAGCTCCTCGCAGATC
E2	ATCCCAGAGCTTCAAAGTGTATG	GTCCCTACTACATTACGTCACAG
KISS1	ATGATCTCGCTGGCTTCTTGGCA	AGTTCCAGTTGTAGGTGGACAGGT
c-FOS	GGCAAAGTAGAGCAGCTATCTCCT	CATCTCGGAGAATACGGTTCGT
GPR54	GGTGCTGGGAGACTTCATGT	AGTGGCACATGTGGCTTG
nNOS	GGCCACCAATGAGAAAGAGA	TATTCCTGAAGCCCCTTGC
GAPDH	ATCATCCCTGCCTCTACTGG	GTCAGGTCCACCACTGACAC



**Figure 1.** High serum GnRH, GPER and E2 expression levels were observed in the children with precocious puberty (PP) and GT1-7 cells. ELISA assay was applied to measure the level of serum GnRH (A), GPER (B) and E2 (C) in the blood samples from children with precocious puberty.  $n = 50$ ,  $*** p < 0.001$  vs. normal. **D.** The mRNA levels of *GnRH* in E2-induced GT1-7 cells were detected by RT-qPCR assay. Western blot (E) and RT-qPCR (F) were performed to detect the protein and mRNA levels of *GPER* in the E2-induced GT1-7 cells. The results are presented as the means  $\pm$  SD and are representative of three independent experiments ( $n = 3$ ).  $** p < 0.01$  and  $*** p < 0.001$  vs. Control.

Corp., Cambridge, UK). After the membranes had been blocked with 5% bovine serum albumin for 1 h at room temperature, the blots were probed overnight at 4°C with the primary antibodies against GPER, CDK2, Cyclin E, p27, GnRH, KISS1, GPR54, nNOS and c-FOS (Cell Signaling Technology). Subsequently, the membranes were washed with Tris-buffered saline plus Tween20 (TBST) and incubated with the secondary antibodies conjugated to HRP (Cell Signaling Technology) for 1 h at room temperature. After washing twice with TBST, the signals were visualized with an enhanced chemiluminescence detection kit (Amersham Pharmacia Biotech, Piscataway, NJ). The images were analyzed using the software program Image Gauge (LAS-1000plus, Fujifilm, Tokyo, Japan). The relative amount of proteins was normalized to GAPDH.

### Statistical analysis

Data from  $\geq 3$  independent experiments were presented as means  $\pm$  SD and were analyzed by one-way analysis of variance. Comparison between the groups was performed with *post hoc* Tukey's test. Statistical analyses were performed using SPSS for Windows software (version 19.0; IBM Corp., Armonk, NY, USA). A  $p < 0.05$  was considered to indicate statistically significant difference.

## Results

### Expression of GnRH, GPER and E2 in the serum of children with precocious puberty

ELISA and RT-qPCR were employed to observe the levels of GnRH, E2 and GPER in the serum of children with or without PP. The results suggested that the levels of GnRH, E2 and GPER in the serum of children with precocious puberty had become elevated compared with the levels in the normal healthy children (Fig. 1A–C,  $p < 0.001$ ). Next, whether E2 can activate GPER to promote GnRH secretion *in vitro* using GT1-7 cells was explored.

### Effects of E2 on GnRH and GPER expression in GT1-7 cells

ELISA was adopted to evaluate the expression of GnRH in GT1-7 cells followed ectogenic (E2)-induced for 4, 8, 12 and 16 h. Comparing to the Control group, the secretion of GnRH in the E2 groups was elevated significantly in the time-dependent manner but reached a peak at 12 h (Fig. 1C,  $p < 0.001$ ). At 4, 8, 12 and 16 h following E2 treatment, the protein and mRNA levels of GPER in GT1-7 cells were significantly increased compared with the Control group and reached a peak at 8 h (Fig. 1E and F,  $p < 0.001$ ). Immunofluorescence staining was performed to detect the

protein expression and distribution of GPER and the positive staining (Green) was observed in the cytoplasm, mainly concentrated in the perinuclear region and cell membrane with a highest fluorescence intensity at 8 h compared to control (Fig. 2,  $p < 0.001$ ), and these results were consistent with the above-mentioned protein and mRNA levels. Since GPER is an estrogen receptor, we selected the E2 treatment time (8 h) at the highest expression level for the following experiment.

### Effects of GPER agonist on the proliferation of GT1-7 cells

A CCK-8 assay was applied to measure the proliferation of GT1-7 following induction with GPER agonist (G1) for 4, 8, 12 and 16 h. As demonstrated in Fig. 3A, the proliferation activity of GT1-7 cells had no significance at four time points compared with the control group ( $p > 0.05$ ). Western blot analysis was performed to additionally examine the mechanism of G1-induced proliferation of GT1-7 cells. It has been established an increase of the CDK2, Cyclin E and p27 expressions leads to cell proliferation and cell cycle progression (Rodier et al. 2001; Coqueret 2003; Ventura et al. 2017). In the present study, there was no significant difference in the CDK2, Cyclin E and p27 protein levels at 4, 8, 12 and 16 h compared with the Control group (Fig. 3B and C,  $p > 0.05$ ).

### Effects of GPER agonist or antagonist on the expression of KISS1, c-FOS, GPR54 and nNOS in GT1-7 cells

To additionally evaluate whether the potential molecular mechanism of GPER on the release of GnRH in GT1-7 cells *via* the KISS1/GPR54 signaling pathway, Western blot and RT-qPCR were conducted with the purpose of detecting the protein and mRNA expressions of GPR54, KISS1, nNOS and c-FOS in GT1-7 cells treated with GPER agonist (G1) or antagonist (G15). Before the experiment began, the GT1-7 cells were divided into the following groups: Control group (GT1-7 cells with no treatment), the E2 group (GT1-7 cells treated with E2 for 8 h), the E2+G1 group (GT1-7 cells treated with E2 for 8 h following G1 for 24 h), the E2+G15 group (GT1-7 cells treated with E2 for 8 h following G15 for 24 h). The Western blot and RT-qPCR demonstrated the up-regulated KISS1, GPR54 and nNOS expressions (Fig. 4A and B,  $p < 0.001$ ) and unaffected expression of c-FOS in GT1-7 cells in the E2 group compared with the Control group ( $p > 0.05$ ). G1-treatment following E2-treatment of GT1-7 cells increased the mRNA levels of KISS1, GPR54 and nNOS significantly compared to E2 group ( $p < 0.05$ ). Additionally, there was a significant reduce in the expression of KISS1, GPR54 and nNOS in the E2+G15 group compared with the E2 group ( $p < 0.01$ ), but they were higher than the Control group. However, the level of c-FOS is not affected by G1 or G15, and there is no significant change all the time.

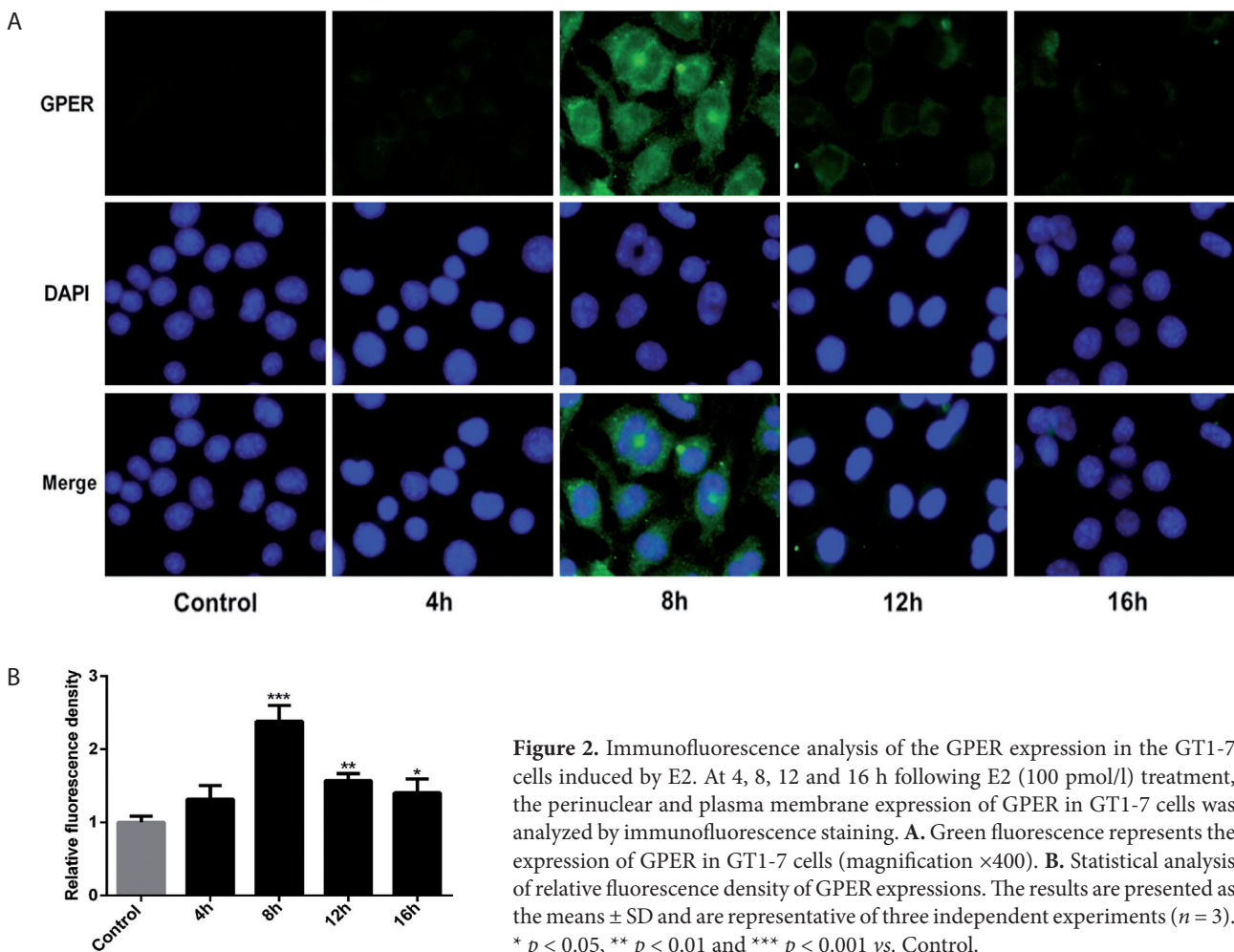
## Discussion

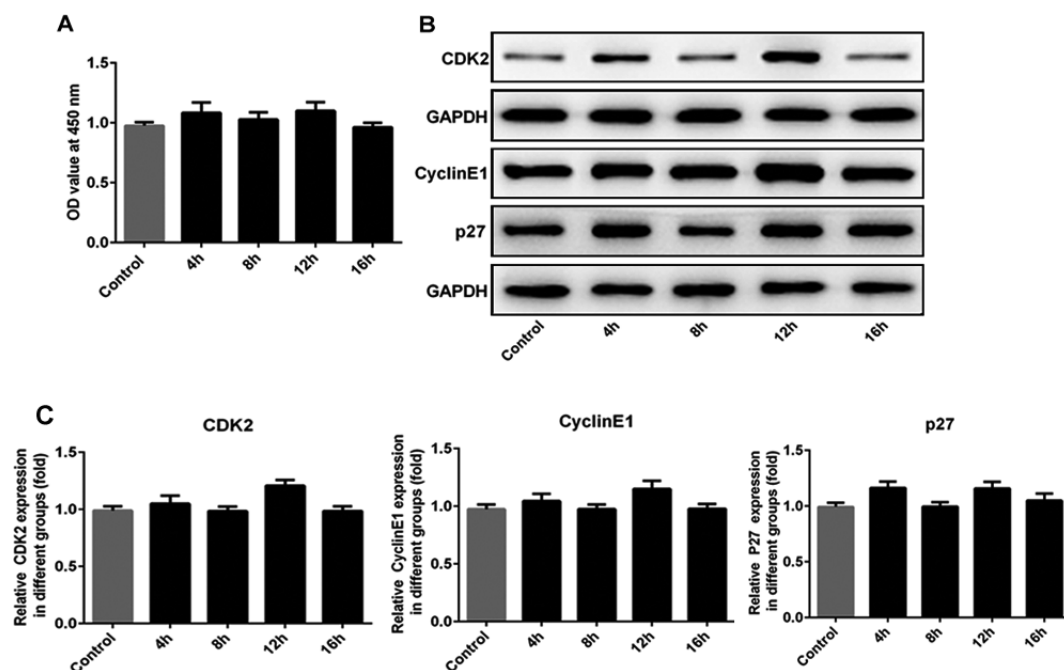
In the present study, we have identified that the E2-regulated GPER signaling pathway regulated the release of GnRH and related molecular in the GT1-7 cells. This information may give us an insight to the E2-dependent changes that also characterizes the relevant genes for precocious puberty *in vivo* across the estrus cycle. Beyond this aspect, the results also provide a critically important reference for further research and intervention treatment of childhood sexual precocity.

Periodic changes in serum E2 levels across the reproductive cycle of female rodents exert both negative and positive feedback effects on the secretion of the two gonadotropins, LH and FSH from the anterior pituitary. The onset of puberty begins with an increase in GnRH to activate the HPG axis (Navarro et al. 2007). E2 quantification is an indicator of human sexual maturation status and helps doctors diagnose diseases associated with sex hormone imbalances. Increased E2 production is largely responsible for breast development,

genital growth, and changes in the distribution of body fat in pubescent girls. At the same time, GnRH was known to promote the secretion of LH and FSH, thus promoting the maturation of the gonad and the production of a large number of sex hormones. The pattern of GnRH fluctuation in this compartment correlates with pulsatile GnRH secretion into the hypophysial portal system and LH secretion (Skinner et al. 1997). Our results demonstrated that *GnRH*, *E2* and *GPER* expressions were upregulated in children with precocious puberty (Fig. 1), which suggests that sex hormones, including estrogen, do play a regulatory role in the development of early puberty in children.

In view of the expression patterns of *GnRH*, *E2* and *GPER* in blood samples of precocious children, we will continue to explore their relevant mechanisms in GT1-7 cells. Estrogen hormones, as feedback signals, report the functional gonadal status to the brain and play key roles in the control of mammalian reproduction, which has been well established (Herbison et al. 2001). In the present study, we detected the expressions





**Figure 3.** Effects of GPER agonist (G1) on cell proliferation of GT1-7 cells and the CDK2, Cyclin E1 and p27 expressions. **A.** MTT assay was conducted to determine cell proliferation of GT1-7 cells after treated without or with G1 for 4, 8, 12 and 16 h. **B.** Representative pictures of Western blot for CDK2, Cyclin E and p27 expressions in GT1-7 cells after treated without or with G1 for 4, 8, 12 and 16 h. **C.** Statistical analysis of CDK2, Cyclin E and p27 expressions ( $n = 3$ ).  $p > 0.05$  vs. Control.

of *GnRH* and *GPER* in GT1-7 cells induced by exogenous estrogen (E2), and the effect of G1 on cell proliferation. Data from GT1-7 cells indicate that estrogen and intracellular cAMP-levels are involved in the regulation of endogenous circadian clock mechanism, possibly through the opening of cyclic nucleotide gated channels (CNGs) expressed by GnRH neurons, *in vitro* (Blackman et al. 2007). The increased levels of AMPA receptor subunits in E2-treated GT1-7 cells might result in enhanced  $Ca^{2+}$ -permeability, suggesting that these receptors play regulatory roles in LHRH neurosecretion. We have identified that many E2-regulated genes were associated with specific cellular pathways including cellular signaling, cellular movement, cellular growth and development, immune response, and inflammatory disease.

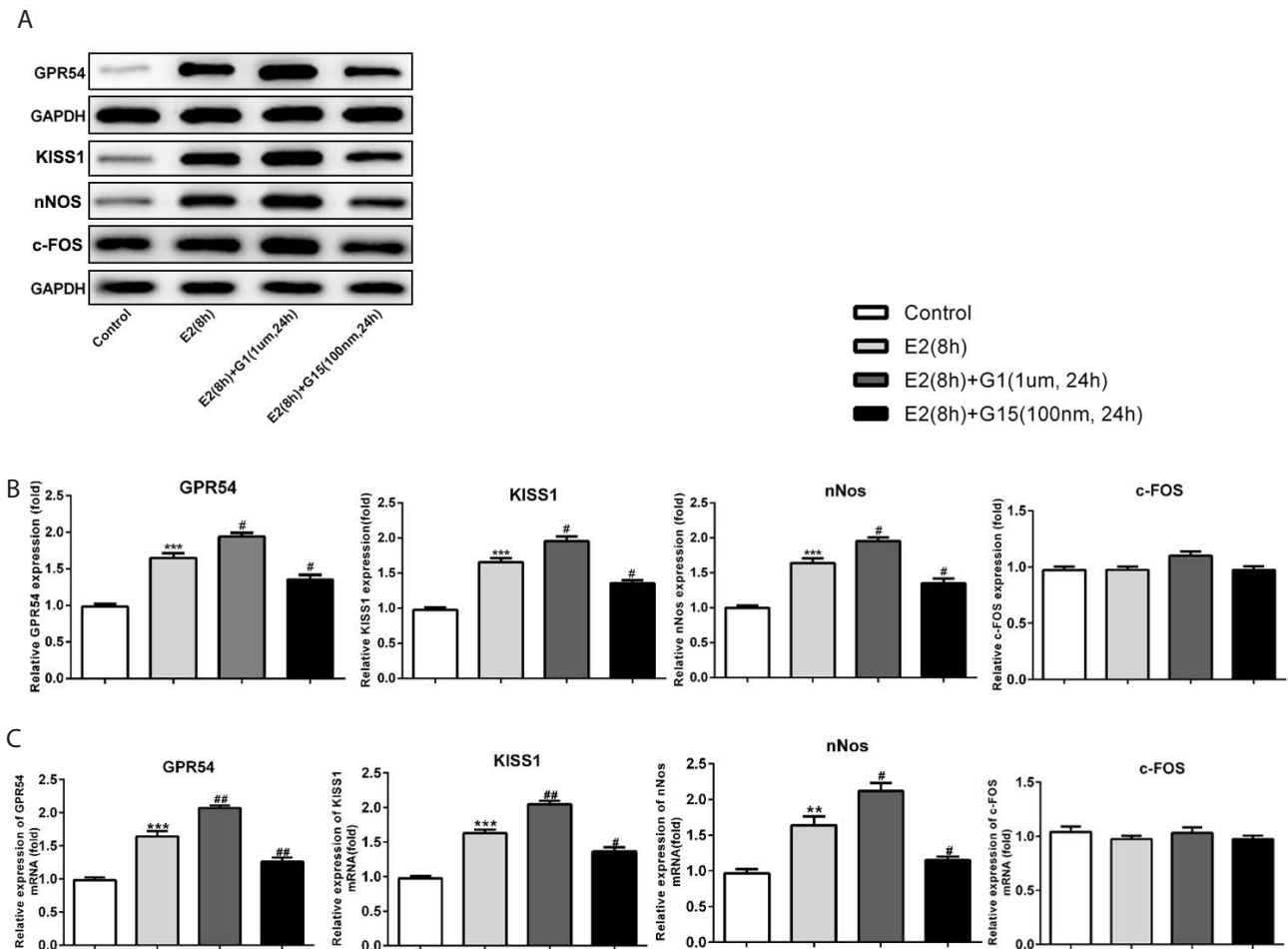
We found that E2-treatment remarkably increased the GnRH and GPER expressions in the GT1-7 cells and the GPER predominantly expressed in cytoplasm and cell membrane of GT1-7 cells, while the E2 processing times that these two genes expressed the most were different, one 8 h and the other 12 h (Fig. 2). This phenomenon may be caused by periodic changes of sex hormones. It is known that estrogen is one of the most important stimuli to induce mammary cell proliferation. Furthermore, estrogenic action is responsible for G1-S progression through the cell cycle (Castoria et al. 2012). However, GPER agonists (G1)-treat-

ment had no significant effect on cell proliferation. Moreover, we evaluated CDK2, cyclin E, and p27 expressions, which were not found altered by G1 at any concentration assessed (Fig. 3). The results indicate that estrogen can increase the secretion of GPER, but GPER does not regulate the expression of GnRH by affecting the cell proliferation process. It is likely that there are still other signaling pathways in which GPER is involved and can regulate the expression of GnRH, thus playing a role in the process of childhood sexual precocity, like the KISS1/GPR54 signaling pathway.

A previous study had shown that kisspeptin-10 augments GnRH-stimulated FSH was released from male rat pituitary explants *in vitro* (Navarro et al. 2005). *KISS1* gene was initially cloned as a tumor metastasis suppressor gene (Lee et al. 1996), and the mature protein was named metastatin confirming that it controlled the migration of trophoblast cells (Janneau et al. 2002). *KISS1* mRNA is mainly present in the placenta and brain (Muir et al. 2001). Thereafter, in the brain, *KISS1* has been localized to the hypothalamus and basal ganglia. *GPR54* was cloned in humans (called *hOT7T175* or *Axor-12*) and found to be expressed mainly in the brain, pituitary, and placenta. Experiments have established that GPR54 was a protein involved in the regulation of gonadotropin secretion (de Roux et al. 2003). GPR54 and possibly KISS1 protein-derived peptide, playing a major role in the physiology of the gonadotropic axis, by which

the loss of GPR54 function impairs pubertal development and reproductive functions (de Roux et al. 2003). Nitric oxide (NO), one of the key retrograde signaling molecules, is produced partly by the neuronal NO-synthase (nNOS) enzyme in the nervous system. It has been demonstrated that neuronal damage is associated with excessive NO synthesis due to the increasing activity and expression of nNOS, and erectile dysfunction by inhibiting NO synthase activity (Geronimo-Olvera et al. 2018). The structure of c-FOS is highly conserved in humans. In most cell types, c-FOS protein levels are relatively low under basal conditions. The signals associated with neuronal excitation also can elicit transient c-FOS expression, e.g. voltage-dependent  $Ca^{2+}$  channel activation and neurotransmitters (Greenberg et al. 1986). There have been hundreds of reports investigating c-FOS expression in the central nervous system (CNS)

(Herrera and Robertson 1996). Some investigators have used c-FOS expression as a tool to study neuronal populations that are activated after different stimuli and c-FOS is also required for repression of GnRH. What's more, the presence of c-FOS protein within LHRH neurons is often indicative of neuronal activation (Herbison 1998). In the female rat, the expression of FOS in A2 cell appears to vary with the changes of estrous cycle, so the largest numbers of these cells expressed FOS at proestrus, which are periodical (Krukoff 1993). E2-application to GT1-7 cells also induced c-FOS and c-Myc transcription factors (Varju et al. 2009). In the present study, KISS1, GPR54 and nNOS involved in regulation of GnRH were also found to be regulated by E2. Both Western blot and RT-qPCR revealed a marked elevation in the transcript level after 8 h of E2-treatment (Fig. 4). However, overexpression of *GPER* could promote the expression



**Figure 4.** Effects of GPER agonist or antagonist on GPR54, KISS1, nNOS and c-FOS expression in GT1-7 cells. **A.** Representative pictures of Western blot to detect the expressions of GPR54, KISS1, nNOS and c-FOS in E2-induced GT1-7 cells after treated with GPER agonist (G1) or antagonist (G15) for 24 h. **B.** All these results were statistical analyzed from Western blot in A. **C.** The mRNA levels of *GPR54*, *KISS1*, *nNOS* and *c-FOS* were tested using RT-qPCR. The results are presented as means  $\pm$  SD and are representative of three independent experiments ( $n = 3$ ). \*\*  $p < 0.01$  and \*\*\*  $p < 0.001$  vs. Control; #  $p < 0.05$ , ##  $p < 0.01$  vs. E2 (8 h) group.



of E2-induced KISS1, GPR54, nNOS and c-FOS to increase again in the GT1-7 cells. Conversely, knockdown of *GPER* reversed the E2-induced increase in expressions of KISS1, GPR54, nNOS and c-FOS, but did not completely return to normal (Fig. 4). These results indicated that in the presence of estrogen, GPER may regulate the secretion of GnRH through the KISS1/GPR54 signaling pathway, which just provides a theoretical basis for the intervention of the secretion of GnRH to treat children with precocious puberty.

The current evidence revealed that estrogen regulated GnRH secretion through the KISS1/GPR54 signaling pathway only *in vitro* and the specific mechanism of its effect *in vivo* needs further more studies. In addition, there may be other factors participating in the effect of estrogen on precocious puberty, which needs to be demonstrated by further studies in the future.

## Conclusion

In summary, the results of our study explored the related genes of precocious puberty and regulatory pathways through which E2 influences the cellular functions of GT1-7 cells. The novel observations are supposed to laid a foundation for further elucidating the *in vivo* studies of estrogen-regulated signaling pathway of GnRH secretion, and provides a new idea to study the molecular mechanism and clinical treatment of early childhood puberty.

**Conflict of interest.** The authors declare no conflict of interest.

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