Antioxidative effects of diallyl trisulfide on hydrogen peroxide-induced cytotoxicity through regulation of nuclear factor-E2-related factor-mediated thioredoxin reductase 1 expression in C2C12 skeletal muscle myoblast cells

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Abstract. Diallyl trisulfide (DATS) is one of the major sulfur-containing compounds in garlic oil. In this study, we analyzed the effects of DATS against hydrogen peroxide (H_2O_2)-induced oxidative stress in C2C12 myoblasts. DATS preconditioning significantly attenuated H_2O_2-induced growth inhibition and DNA damage, as well as apoptosis by decreasing the generation of ROS. Treatment with DATS alone effectively upregulated the expression of nuclear factor-erythroid 2-related factor 2 (Nrf2) and thioredoxin reductase 1 (TrxR1), which was associated with the increased phosphorylation of Nrf2. However, the protective effects of DATS against H_2O_2-induced growth reduction and ROS accumulation were significantly abolished by auranofin, an inhibitor of TrxR activity. Moreover, DATS-mediated phosphorylation of Nrf2 and induction of TrxR1 were markedly reduced by genetic silencing of Nrf2. DATS treatment also induced the phosphorylation extracellular signal-regulating kinase (ERK), and analysis using specific inhibitors of cellular signaling pathways demonstrated that only ERK activation was involved in Nrf2 phosphorylation and TrxR1 induction. In addition, the cytoprotective potentials were abrogated in C2C12 cells pretreated with an ERK specific inhibitor. The results demonstrate that DATS protects against oxidative stress-induced DNA damage and apoptosis in C2C12 cells in part through the activation of Nrf2-mediated TrxR1 induction *via* the ERK signaling pathway.

Key words: DATS — Oxidative stress — Nrf2 — TrxR1 — ERK

Introduction

Oxidative stress reflects an imbalance between the systemic manifestation of reactive oxygen species (ROS) and a biological system's ability to readily detoxify the reactive intermediates or to repair the resulting damage all components of the cell, including proteins, lipids, and DNA (Ermakov et al. 2013; Lyakhovich and Graifer 2015). Oxidative stress can cause disruptions in normal mechanisms of cellular signaling and is thought to be involved in the development of various diseases, such as cancer, neurodegenerative disease, and cardiovascular disease (Brieger et al. 2012; Dai et al. 2014). In contrast, antioxidant enzymes have been shown to have highly effective and sufficient for protecting cells against oxidative stress, and have some preventive or therapeutic effects against the

symptoms of these diseases, particularly in those for which oxidative stress is the main cause (Mena et al. 2009). Therefore, therapeutic strategies should be focused on the reduction of free radical formation and scavenging of free radicals.

Most of the genes for encoding phase II detoxification or antioxidant enzymes are regulated via the redox-sensitive nuclear factor-erythroid 2-related factor (Nrf2) pathway (Huang et al. 2015; Silva-Palacios et al. 2016). Under unstimulated conditions, Nrf2 is kept in the cytosol bound to cytoskeleton Kelch-like ECH-associated protein 1 (Keap1), which acts as substrate adaptor for the Cul3-Rbx1 E3 ligase which ubiquitylates Nrf2 for proteasomal degradation (Jaramillo and Zhang 2013; O'Connell and Hayes 2015). Dissociation of this complex is achieved by thiol modification of Keap1 preventing degradation and allowing newly synthesized Nrf2 to translocate into the nucleus where it binds to the antioxidant responsive element (ARE) in conjunction with other transcription factors (Jaramillo and Zhang 2013; Gan and Johnson 2014). In the nucleus, Nrf2 associates with small Maf proteins, forming heterodimers that bind to ARE to activate the transcription of enzymes involved in the cellular antioxidant defense and in phase II detoxification, such as NAD(P)H:quinone oxidoreductase 1 (NQO1), thioredoxin (Trx) 1, Trx reductase (TrxR) 1, and heme oxygenase-1 (HO-1) (Stefanson and Bakovic 2014; Cebula et al. 2015; Murakami and Motohashi 2015). Recent observations demonstrated that the regulation of Nrf2-ARE mediated gene expressions requires the activation of several signal transduction pathways, including mitogen-activated protein kinases (MAPKs), such as extracellular signal-regulated kinase (ERK), c-Jun N-terminal kinase (JNK), p38 MAPK, phosphatidylinositol 3-kinase (PI3K)/protein kinase B (PKB, Akt), and nuclear factor kappa-B (NF-κB) (Jeong et al. 2006; Li et al. 2007; Hamdulay et al. 2010; Paine et al. 2010). They are important enzymes involved in the transduction of various signals from the cell surface to the nucleus associated with the modulation of ARE-driven gene expression *via* Nrf2 activation. Therefore, genes regulated by an ARE encode proteins that help to control cellular redox status and protect cells from oxidative damage.

Garlic (*Allium sativam* L.) is a plant commonly used for seasoning food in many different cultures, particularly in Asian countries, and an important component in the complementary and alternative medicine (Li et al. 2013; Yun et al. 2014). Recent data convincingly pointed out that garlic has a wide range of biological activities against a number of chronic diseases, including cardiovascular disorders, diabetes, infections, and other metabolic ills as well as cancer (Khatua et al. 2013; Padiya and Banerjee 2013; Trio et al. 2014). Garlic is a particularly rich source of organosulfur compounds (OSCs), and diallyl monosulfide (DAS), diallyl disulfide (DADS), and diallyl trisulfide (DATS) are the most abundant compounds in garlic oil (Lea 1996; Amagase et al.

2001; Iciek et al. 2009). The antioxidant potential is in the order DATS > DADS > DAS (Chen et al. 2004; Fukao et al. 2004; Jakubíková and Sedlák 2006; Liu et al. 2014), suggesting that the number of sulfur atoms plays a vital role in the biological activities of OSCs. Recently, Liang et al. (2015) suggested that DATS acts faster as an H_2S donor compared to DADS, which also supports these results.

Although several published reports have recently described the protective effects of DATS associated with Nrf2 signaling against oxidative stress (Tsai et al. 2013; You et al. 2013; Kim et al. 2014; Xu et al. 2015), the mechanism underlying its inductive effect remains largely unknown. This study was carried out to examine the ability of DATS to protect cells from hydrogen peroxide (H_2O_2)-induced cell damage and to elucidate the mechanism underlying these protective effects using a C2C12 murine skeletal-muscle cell line.

Materials and Methods

Reagents and antibodies

DATS (allyl trisulfide, Di-2-propenyl trisulfide) was purchased from LKT Laboratories (St Paul, MN, USA). Dulbecco's modified Eagle's medium (DMEM), fetal bovine serum (FBS) and other tissue culture reagents were obtained from WelGENE Inc. (Daegu, Republic of Korea). H_2O_2, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), auranofin, N-acetyl-l-cysteine (NAC), 4',6-diamidino-2-phenylindole (DAPI), and propidium iodide (PI) were purchased from Sigma-Aldrich Chemical Co. (St. Louis, MO, USA). 2',7'-dichlorofluorescein diacetate (DCFDA) and annexin V-fluorescein isothiocyanate (FITC) apoptosis detection kit were purchased from Molecular Probes (Eugene, OR, USA) and R&D Systems Inc. (Minneapolis, MN, USA), respectively. Inhibitors of PI3K/Akt (LY294002) and MAPKs (SB203580, SP600125, and PD98058) were obtained from Calbiochem (San Diego, CA, USA). Primary antibodies were purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA) and Cell Signaling Technology (Danvers, MA, USA). Enhanced chemiluminescence (ECL) kit and horseradish peroxidase (HRP)-conjugated secondary antibodies were obtained from Amersham Life Science (Arlington Heights, IL, USA). All other chemicals not specifically cited here were purchased from Sigma-Aldrich Chemical Co.

Cell culture and DATS treatment

C2C12 cells obtained from American Type Culture Collection (Manassa, VA, USA) were maintained in DMEM supplemented with 10% fetal bovine serum (FBS) and 1% antibiotics (100 U/ml penicillin and 100 μg/ml streptomycin), and incubated at 37°C in a water-saturated atmosphere

of 95% ambient air and 5% CO_2. DATS was dissolved in dimethyl sulfoxide (DMSO), and adjusted to the desired final concentrations using complete culture medium.

Cell viability assay and morphological imaging

For the cell viability study, cells were grown to 70% confluence and treated with DATS in the presence or absence with other agents(s). Control cells were supplemented with complete media containing 0.1% dimethylsulfoxide (DMSO) as the vehicle control. Following treatment, cell viability was determined by use of the MTT assay, which is based on the conversion of MTT to MTT-formazan by mitochondrial enzymes. Optical density was measured at 540 nm with an enzyme-linked immunosorbent assay (ELISA) plate reader (Dynatech MR-7000; Dynatech Laboratories, Chantilly, VA, USA). The optical density of the formazan formed in control cells was used to represent 100% viability (Hong et al. 2016). Morphological changes of cells were monitored by obtaining photomicrographs under an inverted phase contrast microscope (Carl Zeiss, Oberkochen, Germany) with a digital camera.

Lactate dehydrogenase (LDH) release assay

The amount of LDH released from the cells in the supernatant was detected using an LDH assay kit (Sigma-Aldrich Chemical Co.) according to manufacturer's instructions. Briefly, at the end of the treatment period, culture medium was collected and transferred to new 96-well plates, then mixed with the 100 μl reaction solution provided in the kit for 30 min. The optical density was measured at 490 nm using an ELISA plate reader.

Comet assay (Single-cell gel electrophoresis assay)

A comet assay was performed to detect DNA migrating from single cells in the gel, following previously described method (Gunasekarana et al. 2015). Briefly, cells were exposed to H_2O_2 in the presence and absence of DATS. The cells were suspended in 1% low melting point agarose and aliquoted onto glass microscope slides. The slides were placed in single rows and electrophoresed at 30 V (1 V/cm) and 300 mA for 20 min to draw negatively charged DNA toward the anode. Finally, the slides were washed with 0.4 M Tris (pH 7.5) at 4°C and stained with 20 μg/ml PI. The slides were examined under a fluorescence microscope (Carl Zeiss) and the resulting images were analyzed.

Protein extraction and Western blot analysis

Cells were harvested, washed with phosphate-buffered saline (PBS) and lysed on ice for 30 min in lysis buffer (20 mM sucrose, 1 mM ethylenediaminetetra acetic acid, 20 μM Tris-HCl, pH 7.2, 1 mM dithiothreitol, 10 mM KCl, 1.5 mM $MgCl_2$, and 5 μg/ml aprotinin). Subsequently, an equal amount of protein for each sample was separated by sodium dodecyl sulfate (SDS)-polyacrylamide gel electrophoresis and transferred to PVDF membranes (Schleicher & Schuell, Keene, NH, USA). The membranes were blocked with 5% skim milk and then incubated overnight at 4°C with desired primary antibodies. The membranes were further incubated with corresponding HRP-conjugated secondary antibodies for 2 h at room temperature. The proteins of interest were visualized using an ECL detection system.

Detection of nuclear morphological changes

Detection of chromatin condensation and nuclear fragmentation in the nuclei of apoptotic cells was performed by DAPI staining. The cells were harvested, washed with PBS twice, and fixed with 3.7% paraformaldehyde in PBS for 10 min at 25°C. The fixed cells were washed with PBS and stained with 1 mg/ml DAPI solution for 10 min. The cells were washed twice with PBS and observed by fluorescence microscopy (Zhao et al. 2014).

Measurement of ROS generation

To measure ROS levels, cells were washed twice with PBS and lysed with 1% Triton X-100 in PBS for 10 min at 37°C and the cells then were stained with 10 μM DCFDA for 20 min at room temperature in the dark. The green fluorescence of DCF was recorded at 515 nm (FL1) using a flow cytometer, and 10,000 events were counted *per* sample. The results were also expressed as the percentage increase relative to non-treated cells.

Flow cytometrydetection of apoptosis

The rate of apoptosis was determined using an annexin V-FITC apoptosis detection kit. After treatment with agents, the cells were stained with annexin V-FITC and PI in each sample in accordance with the manufacturer's instructions (Kwon et al. 2015). After 15 min incubation at room temperature in the dark, the degree of apoptosis was quantified as a percentage of the Annexin V-positive and PI-negative (Annexin V^+/PI^- cells) cells using a flow cytometer (Becton Dickinson, San Jose, CA, USA).

siRNA transfection

siRNA-mediated silencing of Nrf2 gene was performed using siRNA duplexes purchased from Santa Cruz Biotechnology according to the manufacturer's protocol. An unrelated siRNA with random nucleotides was used as the non-silenc-

ing control. The siRNA was transfected into cells according to the manufacturer's instruction using the Lipofectamine 2000 Transfection Reagent (Life Technologies, Carlsbad, CA, USA). For transfection, the cells were seeded in 6-well culture plates and incubated with 50 nM of control siRNA or Nrf2 siRNA in serum-free OPTI-MEM medium. After incubation for 6 h, the transfection medium was replaced with fresh media containing 10% FBS for 24 h before further manipulation described (Choi et al. 2016).

Statistical analysis

Unless specified otherwise, data are expressed as the mean ± standard deviation (SD) of at least three independent experiments. A one-way analysis of variance (SPSS version 12.0 software) followed by Scheffe's test was applied to determine the significance of differences between groups. A p value < 0.05 was considered significant.

Results

DATS inhibits H_2O_2-induced cytotoxicity

C2C12 cells were treated with 1.25–15 μM DATS for 6 h to determine the effect of DATS on C2C12 cell viability using a MTT assay. The treatments did not result in any cytotoxic effect up to the concentration of 5 μM, and cell viability dose-dependently decreased at concentrations higher than 7.5 μM (Fig. 1A). DATS concentrations (less than 5 μM) were selected for the subsequent examination of the protective effect of DATS on H_2O_2-induced cytotoxicity. Treatment with 1 mM H_2O_2 significantly reduced cell viability about 40%; this H_2O_2-induced reduction of cell viability was concentration-dependently protected by pretreatment with DATS (Fig. 1B). We also determined C2C12 cell damage by LDH assay. As shown in Fig. 1C, the H_2O_2-treated cells exhibited an induced LDH release as compared with
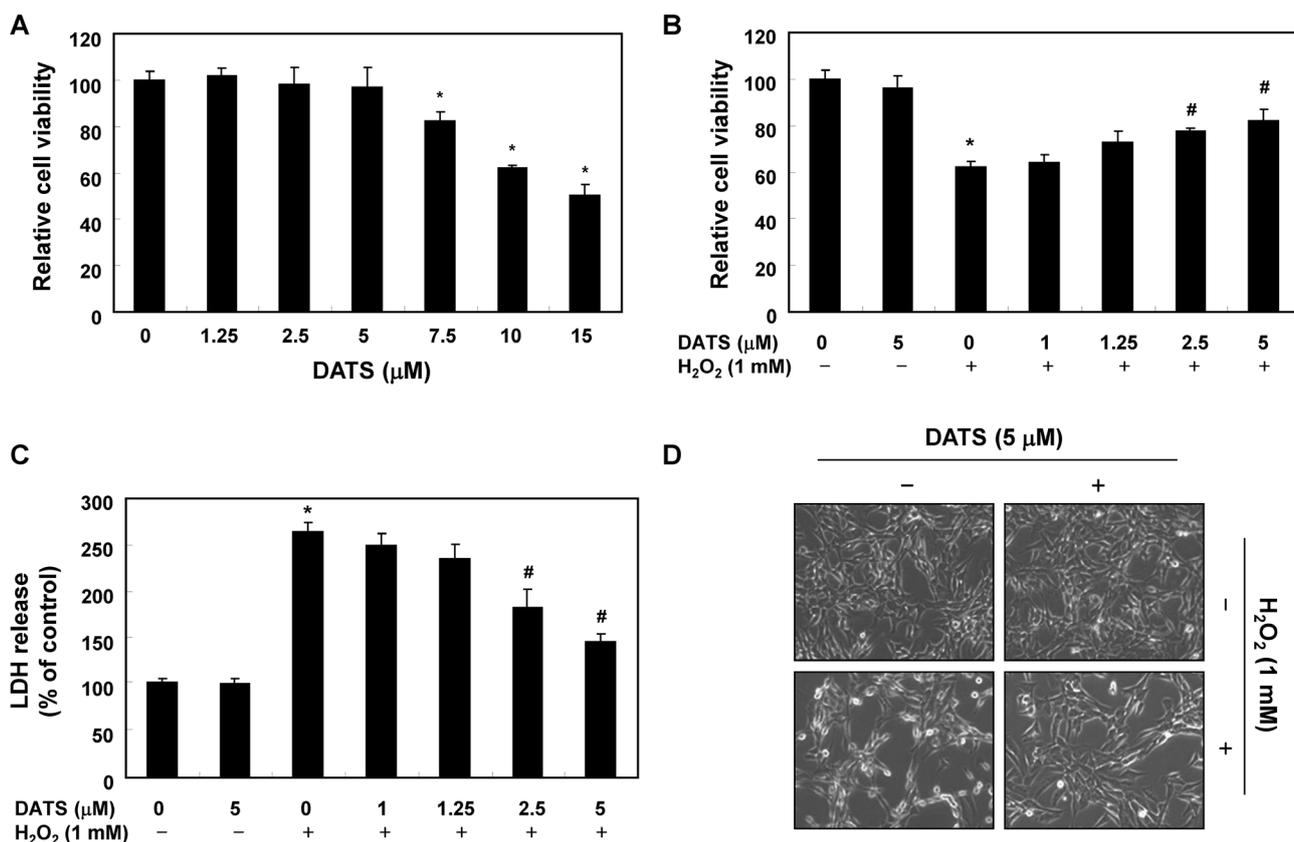

Figure 1. DATS inhibits H_2O_2-induced cytotoxicity in C2C12 cells. Cells were treated with various concentrations of DATS for 6 h (**A**) or pretreated with the indicated concentrations of DATS for 1 h and then incubated with and without 1 mM H_2O_2 for 6 h (**B**). Cell viability was assessed using an MTT reduction assay. **C.** The cytotoxicity was also measured by the LDH assay. The results represent the mean ± SD obtained in three independent experiments (* $p < 0.05$ compared with control group; # $p < 0.05$ compared with H_2O_2-treated group). **D.** Cellular morphological changes were monitored in photomicrographs obtained using inverted phase contrast microscopy (×200).

the control, whereas pretreatment of cells with DATS markedly attenuated LDH release in a concentration-dependent manner. In addition, H_2O_2 stimulation significantly induced morphological changes including extensive cytosolic vacuolization and the presence of irregular cell membrane buds, which were effectively attenuated by DATS pretreatment (Fig. 1D). These results indicate that DATS may protect C2C12 cells from H_2O_2-induced damage.

DATS protects against H_2O_2-induced DNA damage

We next examined the effects of DATS on H_2O_2-mediated DNA damage in C2C12 cells. A comet assay showed that exposure to H_2O_2 led to loss of membrane integrity, with fragmented DNA resolved outside the cell as comet-like structures; this adverse effect was markedly inhibited by DATS pretreatment (Fig. 2A). In addition, immunoblotting

results indicated that treatment of C2C12 cells with H_2O_2 upregulated the level of the phosphorylated histone variant H2AX at serine 139 (p-γH2AX), a sensitive marker of DNA double-strand breaks (Rogakou et al. 1998) (Fig. 2C). Pretreatment with DATS significantly reduced H_2O_2-induced p-γH2AX expression.

DATS protects against H_2O_2-induced apoptosis

To evaluate the potential effect of DATS on H_2O_2-induced C2C12 cell apoptosis, we examined apoptotic features by measuring the chromatin condensation of the nuclei and poly(ADP-ribose) polymerase (PARP) cleavage. DAPI staining revealed increased nuclei with chromatin condensation and the formation of apoptotic bodies, which are characteristic morphological changes of apoptosis, in cells cultured with H_2O_2. However, the control and
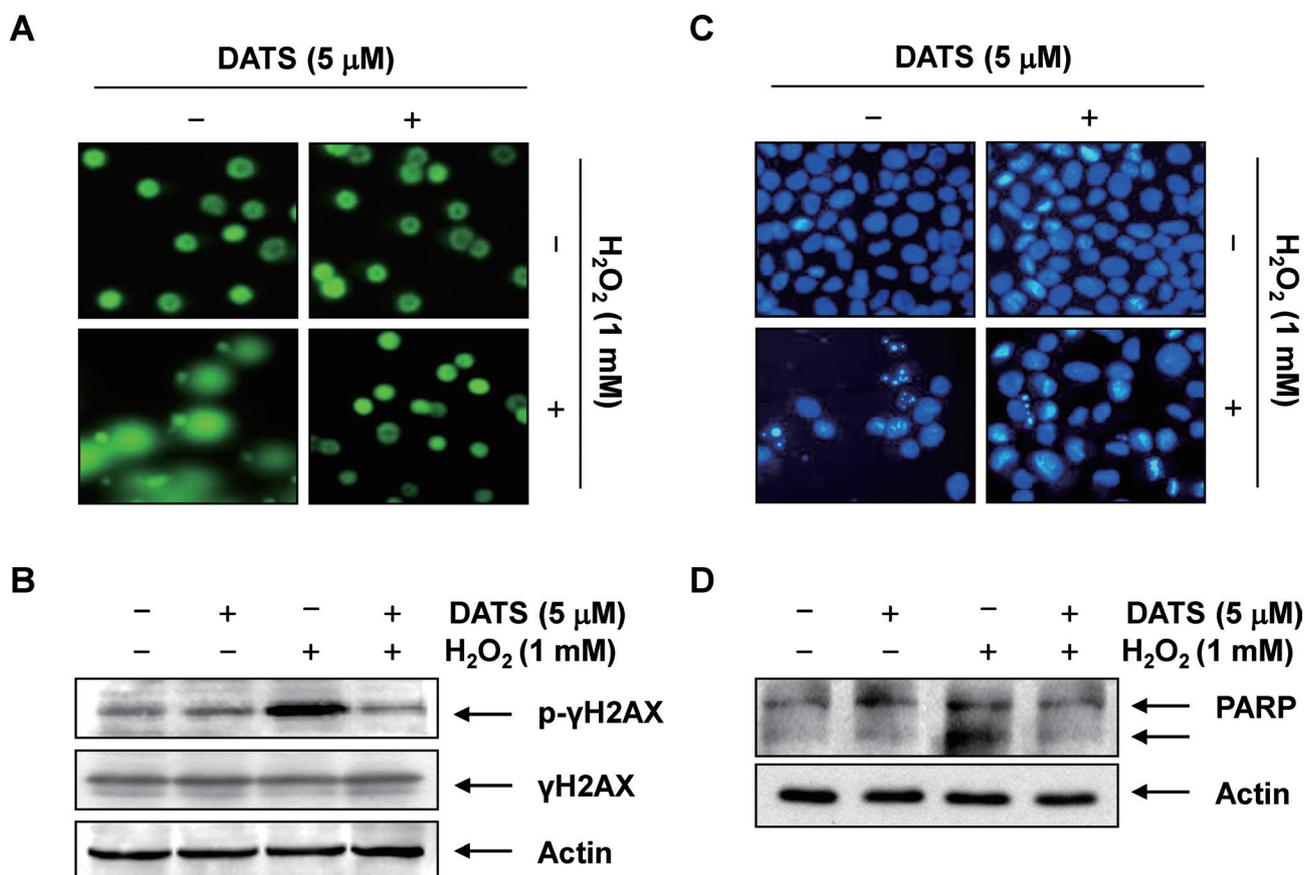

Figure 2. Inhibition of H_2O_2-induced DNA damage and apoptosis by DATS in C2C12 cells. Cells were pretreated with 5 μM DATS for 1 h and then incubated with and without 1 mM H_2O_2 for 6 h. **A.** To detect cellular DNA damage, the comet assay was performed and representative pictures of the comets were taken using fluorescence microscopy (×200 original magnification). **C.** The cells were fixed and stained with DAPI. The stained nuclei were observed using fluorescent microscopy (×400 original magnification). **B., D.** The cells were lysed and equal amounts of cell lysate (50 μg) were separated by SDS-PAGE and transferred to nitrocellulose membranes. The membranes were probed with specific antibodies against p-γH2AX, γH2AX, PARP, and actin (the latter as an internal control) and the proteins were visualized by ECL.

DATS alone treated groups showed few apoptotic cells, and pretreatment of the cells with DATS significantly abrogated H_2O_2-induced apoptotic characteristics (Fig. 2C). Immunoblotting results also indicated that there was a marked increase in the level of cleaved PARP, a protein marker of apoptosis, in H_2O_2-treated cells compared with the control; treatment with DATS significantly decreased this cleavage (Fig. 2D).

DATS reduces H_2O_2-induced ROS generation

Intracellular ROS generation was monitored by flow cytometry to investigate whether DATS could prevent H_2O_2-induced ROS generation. Significantly increased ROS level was detected after 1 mM H_2O_2 treatment unlike in untreated

cells; however, this increase was significantly reduced in the presence of 5 μM DATS (Fig. 3A). As a positive control, the ROS scavenger NAC (5 mM) also markedly attenuated H_2O_2-induced ROS generation and DATS itself did not contribute to the ROS generation, indicating that DATS scavenged H_2O_2-induced ROS accumulation. Flow cytometry analysis revealed increased number of annexin-positive cells in the H_2O_2-treated C2C12 cells compared to that in the control group. In contrast, the treatment of cells with DATS prior to H_2O_2 exposure protected the C2C12 cells against apoptosis (Fig. 3B).

Cytoprotective effect of DATS against oxidative stress is mediated through TrxR1 induction

To determine whether that the protective effects of DATS against H_2O_2-induced oxidative stress and apoptosis result from the induction of antioxidant genes, such as TrxR1, NQO-1, and HO-1, and their transcription factor Nrf2 and Keap1, a repressor of Nrf2, Western blot analyses were performed. DATS enhanced TrxR1 expression, but not Keap1, NQO-1 and HO-1, in time- and concentration-dependent manners; the enhanced expression was associated with increased expression and phosphorylation of Nrf2 (Fig. 4). Therefore, C2C12 cells were pre-treated with auranofin, which is widely used as an inhibitor of TrxR activity (Liu et al. 2000; Roder and Thomson 2015), in the presence or absence of DATS and then exposed to H_2O_2, to identify whether the TrxR is involved in the protective effect of DATS. Auranofin significantly abrogated the protective effect of DATS on
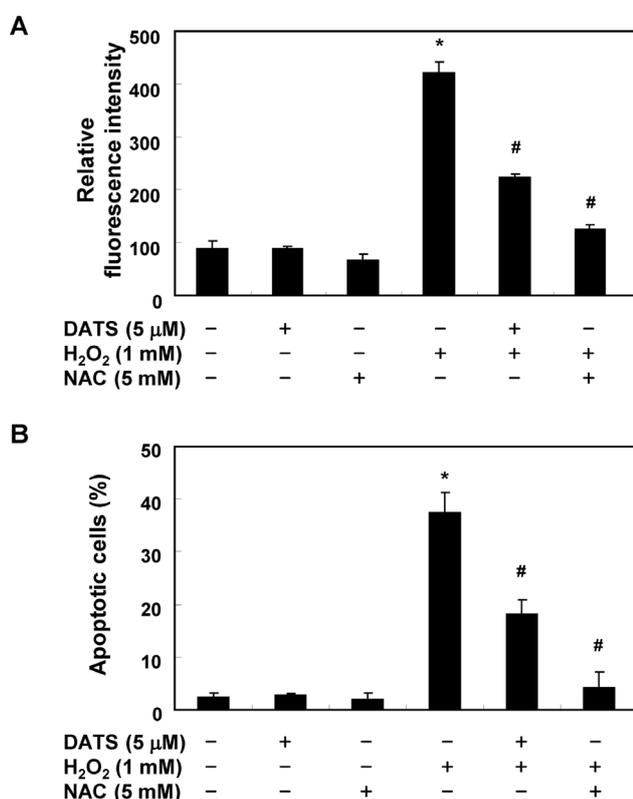
Figure 3. Inhibition of H_2O_2-induced ROS generation and apoptosis by DATS in C2C12 cells. Cells were pretreated with 5 μM DATS for 1 h and then incubated with or without 1 mM H_2O_2 for 6 h. **A.** To monitor ROS production, the cells were incubated at 37°C in the dark for 20 min with new culture medium containing 10 μM DCFDA. ROS accumulation was measured using flow cytometry. **B.** To quantify the degree of apoptosis, the cells were stained with annexin-V-FITC and PI for flow cytometry analysis. The results are the mean ± SD obtained in three independent experiments (* $p <$ 0.05 compared with the control group; # $p < 0.05$ compared with the H_2O_2-treated group).
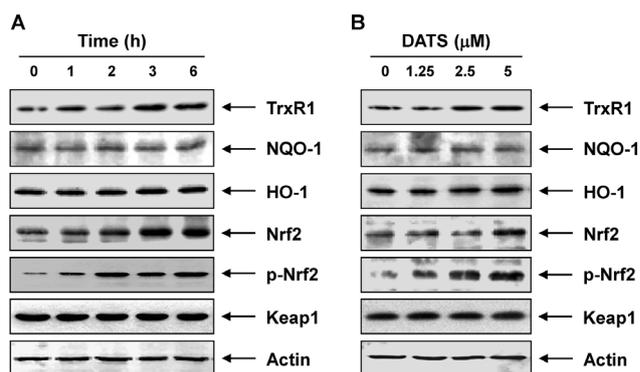
Figure 4. Effects of DATS on the expression of Nrf2, TrxR1, NQO1, and HO-1 in C2C12 cells. Cells were incubated with 5 μM DATS for the indicated periods (**A**) or incubated for 6 h with the indicated concentrations of DATS (**B**). Cellular proteins were separated by SDS-PAGE and transferred to nitrocellulose membranes. The membranes were probed with the indicated antibodies. Proteins were visualized using ECL. Actin was used as an internal control.

H_2O_2-induced reduction of cell viability and production of ROS (Fig. 5).

DATS upregulates TrxR1 expression via Nrf2 activation

To clarify the role of Nrf2 in TrxR1 upregulation in C2C12 cells, we developed an Nrf2 gene knockdown model using siRNA transfection. Compared to the control siRNA-transfected cells, silencing Nrf2 through a specific siRNA eliminated the DATS-induced expression of Nrf2 as well as its phosphorylation and TrxR1 induction (Fig. 6A). Moreover, the siNrf2 transfection abrogated the protective effects of DATS against H_2O_2-induced growth reduction unlike in the control siRNA-transfected cells (Fig. 6B).

DATS enhances Nrf2 phosphorylation by ERK

To investigate whether Nrf2 phosphorylation by DATS in C2C12 cells might be affected by activation of signaling pathways, such as PI3K/Akt and MAPKs as upstream signaling mediators, we observed the phospho-forms of components of PI3K/Akt and MAPKs. Although the total protein levels

of ERK did not show notable changes, DATS markedly increased the phosphorylation of ERK within 30 min of treatment, while PI3K, Akt, JNK, and p38 MAPK remained unchanged in their phosphorylation levels (Fig. 7A). The dependence of the induction and phosphorylation of Nrf2 challenged with DATS upon the activation of either ERK was proven using a specific inhibitor of ERK, PD98059. C2C12 cells were pretreated with 50 μM PD98059 for 1 h and then treated with DATS for 6 h. PD98059 treatment effectively reduced the DATS-induced induction and phosphorylation of Nrf2, with a resulting drop in the induction of TrxR1 (Fig. 6C). However, treatment with other specific pharmacological inhibitors of PI3K/Akt (LY294002), JNK (SP600125), and p38 MAPK (SB203580) did not affect the expression of Nrf2 and TrxR1. In addition, co-pretreatment with PD98059 and DATS prior to the H_2O_2 exposure was able to remarkably ab-
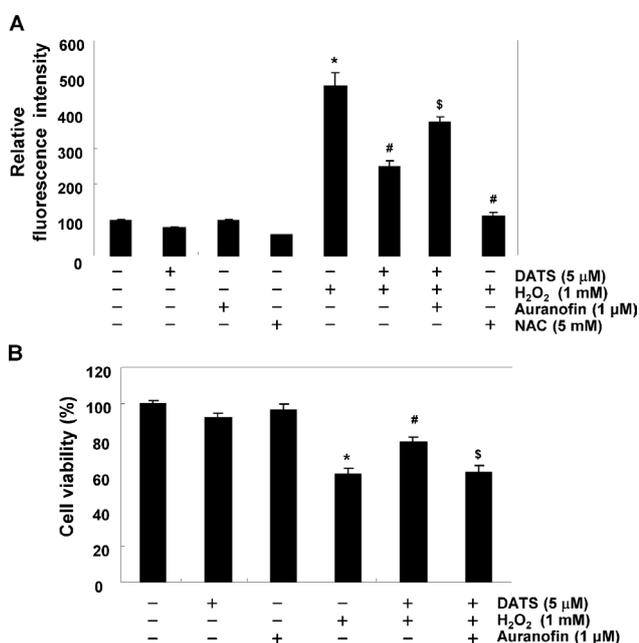
Figure 5. Effects of TrxR inhibition on DATS-mediated attenuation of growth inhibition and ROS formation by H_2O_2 in C2C12 cells. Cells were pretreated for 1 h with 5 μM DATS and then treated for 6 h with or without 1 mM H_2O_2 in the absence or presence of 1 μM auranofin. ROS generation (**A**) and cell viability (**B**) were estimated. The results are the mean ± SD values obtained in three independent experiments (* $p < 0.05$ compared with control group; # $p < 0.05$ compared with H_2O_2-treated group; $ $p < 0.05$ compared with H_2O_2 and DATS-treated group).
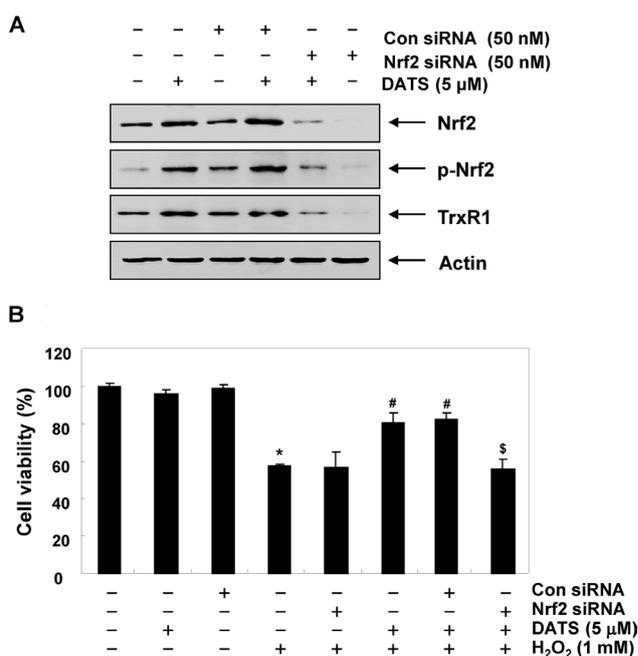
Figure 6. Nrf2-mediated induction of TrxR1 expression by DATS in C2C12 cells. Cells were transfected with control (Con siRNA, as a negative control for RNA interference) and Nrf2 siRNA. After 24 h, the cells were treated with 5 μM DATS for 6 h (A) in the presence or absence with 1 mM H_2O_2 (B). **A.** Cellular proteins were separated by SDS-PAGE and transferred to nitrocellulose membranes. The membranes were probed with antibodies against Nrf2, p-Nrf2 and TrxR1. Proteins were visualized using ECL. Actin was used as an internal control. **B.** Cell viability was assessed using a MTT reduction assay. The results are the mean ± SD values obtained in three independent experiments (* $p < 0.05$ compared with control group; # $p < 0.05$ compared with H_2O_2-treated group; $ $p < 0.05$ compared with H_2O_2 and Nrf2 siRNA-treated group).
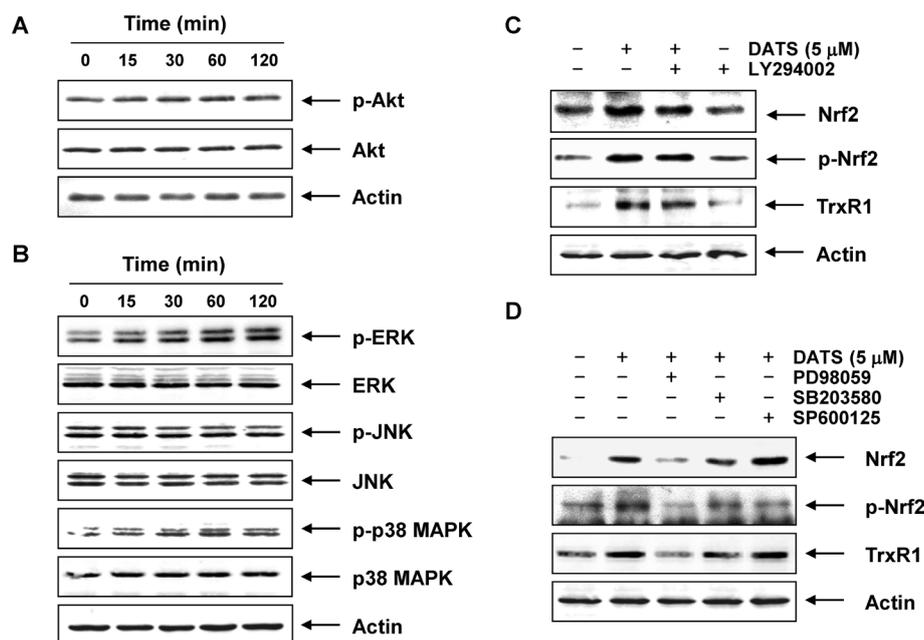
Figure 7. Involvement of ERK signaling pathway on the induction of Nrf2 and TrxR1 by DATS in C2C12 cells. Cells were treated with 5 μM DATS for the indicated times (**A, B**) or pre-treated for 1 h with and without the indicated inhibitors (LY294002, a specific inhibitor of PI3K; PD98059, a specific ERK inhibitor; SB203580, a specific p38 MAPK inhibitor; SP600125, a specific JNK inhibitor), and then treated with 5 μM DATS for an additional 6 h (**C, D**). The cells were lysed, and then equal amounts of cell lysates were separated by SDS-PAGE and transferred to nitrocellulose membranes. The membranes were probed with the indicated antibodies, and the proteins were visualized using ECL. Actin was used as an internal control.
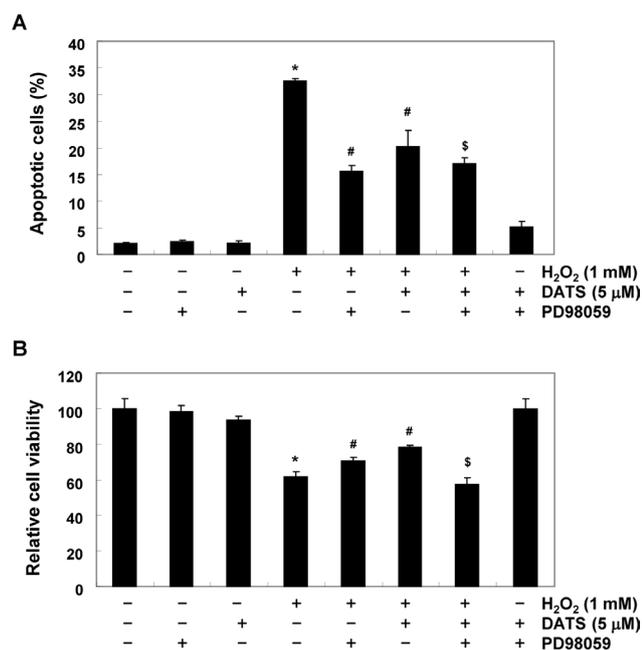

Figure 8. Effects of ERK inhibition on DATS-mediated attenuation of apoptosis and growth inhibition by H_2O_2 in C2C12 cells. Cells were pretreated for 1 h with 5 μM DATS and were subsequently treated for 6 h with or without 1 mM H_2O_2 in the absence or presence of 50 μM PD98059. Apoptosis rate (**A**) and cell viability (**B**) were estimated. The results are expressed as the mean ± SD values obtained in three independent experiments (* $p < 0.05$ compared with the control group; [#] $p < 0.05$ compared with the H_2O_2-treated group; [$] $p < 0.05$ compared with the H_2O_2 and DATS treated group).

rogate the protective effects of DATS against H_2O_2-induced apoptosis as well as growth reduction (Fig. 8).

Discussion

In the current study, DATS showed intracellular ROS scavenging activities and provided cytoprotection against oxidative stress in C2C12 cells (Figs. 1 and 3A). DATS antagonized H_2O_2-induced DNA damage and apoptosis accompanied with a significant decrease of ROS generation (Figs. 2 and 3). These data support the view that the protective effects of DATS contribute to its role in the ROS scavenging effect and the antioxidant defense activity against H_2O_2 treatment in C2C12 cells.

Accumulating evidence indicates that Nrf2 is a critical regulator in the orchestration of cellular antioxidant defenses and maintenance of redox homeostasis by mediating the induction of a variety of antioxidant defense enzymes. Nrf2 has been implicated as a therapeutic target for the prevention against oxidative stress-induced DNA damage and apoptosis (Gan and Johnson 2014; Huang et al. 2015). In addition, TrxR is a nicotinamide adenine dinucleotide phosphate (NADPH)-dependent seleno cysteine-containing flavoenzyme that catalyzes the reduction of oxidized Trx and other small molecular oxidants (Mustacich and Powis 2000; Arnér 2009). Therefore, the Trx system, a thiol-dependent electron donor system comprising Trx, TrxR, and NADPH, is critical in maintaining cellular redox homeostasis by counteracting the effects

of ROS and regulating redox-related signaling cascades (Arnér and Holmgren 2000; Nguyen et al. 2006). The Trx system also has key roles in DNA synthesis and activation of transcription factors that regulate cell growth (Kondo et al. 2006; Holmgren and Lu 2010). The present results demonstrate that DATS treatment leads to an increase in the level of Nrf2 phosphorylation as well as the expression of Nrf2, and the expression of its downstream antioxidant enzyme TrxR1, but not NQO1 and HO-1, in time- and concentration-dependent manners (Fig. 4). To confirm that the protective effects of DATS were due to Trx signaling, auranofin, an inhibitor of TrxR activity (Liu et al. 2000; Roder and Thomson 2015), was used. Our data indicate that induction of TrxR1 expression might be required to suppress H_2O_2-induced ROS generation and that the anti-oxidative effects of DATS may occur through Trx signaling pathway (Fig. 5).

To further determine whether up-regulation of TrxR1 by DATS treatment is caused by Nrf2 pathway, we transfected cells with Nrf2 siRNA followed by treatment with DATS. Transfection with Nrf2 siRNA markedly attenuated DATS-induced TrxR1 expression compared to control along with the inhibition of Nrf2 phosphorylation (Fig. 6A), demonstrating that DATS could induce TrxR1 expression by activating Nrf2 signaling. In parallel with these observations, silencing Nrf2 reversed the protective effects of DATS against H_2O_2-induced reduction of C2C12 cell viability (Fig. 6B and C). Therefore, we conclude that DATS treatment has a protective effect against H_2O_2-mediated oxidative stress in C2C12 cells by activating the Nrf2-mediated TrxR1 signaling pathway.

Because several cellular signaling pathways including PI3K/Akt and MAPKs represent important regulatory pathways for Nrf2 phosphorylation and nuclear translocation associated with inducible expression of antioxidant enzymes (Kweon et al. 2006; Surh et al. 2008), the effects of DATS on PI3K/Akt and MAPKs cascades were investigated to further identify the signaling pathways affected by DATS that enhance Nrf2 phosphorylation and TrxR1 expression. Immunoblotting results indicated that phosphorylation of ERK was observed at 30 min after DATS treatment and increased for up to 120 min, while PI3K, Akt, JNK, and p38 MAPK kinases were not affected (Fig. 7A). Therefore, we next examined the effects of specific inhibitors of PI3K/Akt and three MAPKs on the phosphorylation of Nrf2 as well as the increased levels of TrxR1. DATS-induced phosphorylation of Nrf2 and TrxR1 expression was markedly suppressed by PD98059, a specific inhibitor of ERK (Fig. 7B). However, other inhibitors did not dramatically affect Nrf2 phosphorylation and TrxR1 expression, implicating ERK as having the major role in Nrf2 phosphorylation in the induction of downstream TrxR1 expression in DATS-treated C2C12 cells. Importantly, blockage of ERK

activation with PD98059 drastically attenuated the protective effects of DATS against H_2O_2-induced apoptosis and inhibition of the growth in C2C12 cells (Fig. 8). Taken together, these findings support the hypothesis that the ERK signaling pathway is involved in DATS-mediated activation of Nrf2 and upregulation of TrxR1. Thus, regulation of the Nrf2-mediated TrxR1 pathway can reduce H_2O_2-induced oxidative damage in C2C12 cells.

In summary, our results demonstrate that DATS protects C2C12 cells against oxidative stress-induced DNA damage and apoptosis through scavenging of ROS. Elevated activation of ERK signaling appears to be responsible for the activation of Nrf2 and its subsequent induction of TrxR1 expression. Although further research and clinical trials are needed to elucidate the molecular mechanisms detected herein, we suggest that DATS is able to reduce oxidative stress and ameliorate oxidative stress-related diseases.

Conflict of interest. The authors have no conflict of interest to declare.

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