

CLINICAL STUDY

Stereotactic vacuum-assisted breast biopsy: our experience and comparison with stereotactic automated needle biopsy

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Abstract: *Objectives:* To evaluate and compare the outcome of stereotactically guided percutaneous, directional, vacuum-assisted breast biopsy (VAB) with the outcome of those performed with 14-gauge automated gun. *Methods:* Between January 2008 and January 2011, altogether 257 stereotactic biopsies were performed in our institute; 193 with the 14-gauge automated needle and 64 with a directional, vacuum-assisted instrument. Patients with malignant or high risk lesions were encouraged to undergo an excisional biopsy. We evaluated and compared concordance between the biopsy results and subsequent examinations (surgical excision or follow up) for both methods.

Results: VAB demonstrated 57 (89 %) benign lesions, 2 (3 %) high risk and 5 (8 %) malignant lesions. We obtained post-biopsy mammographic or histological evaluation for altogether 51 lesions, with one (12.5 %) false negative case, one case of underestimation of borderline lesion, and no false positive cases. Clusters of microcalcification were completely removed in 18 lesions (28 %).

Conclusion: Vacuum-assisted biopsy outperformed the 14-gauge automated needle biopsy with a lower disease underestimation, sensitivity and false-negative rates; however these differences were not statistically significant due to small data files and relatively small number of identified malignant lesions in the vacuum-assisted biopsy group.

VAB completely removed significantly more clusters of microcalcifications in comparison to the automated needle biopsy, which significantly reduced the need for surgery in benign lesions (Tab. 7, Fig. 3, Ref. 32). Full Text in PDF www.elis.sk.

Key words: vacuum-assisted biopsy, breast lesions, mammographic, stereotactic.

The treatment and diagnosis of breast cancer have undergone a distinctive shift during the last 30 years. The trend has been toward earlier diagnosis, less invasive diagnostic procedures, and ultimately less mutilating curative surgical procedures.

In recent years, the effects of earlier diagnosis have led to an overall decreased mortality from breast cancer (1).

Increased public awareness together with improvements in mammography has led to earlier diagnosis of breast cancer, ideally in the stage of in situ changes.

The majority of women diagnosed with breast cancer are candidates for wide excision and radiation rather than mastectomy. Routine axillary dissection is being replaced by sentinel lymph node biopsy and selective axillary dissection.

The development of stereotactic biopsy enables to shift the diagnosis of breast cancer into histologic conclusion before definitive surgical treatment on an awaked patient.

Early stereotactic techniques were problematic and multiple studies demonstrated the risk of under sampling the lesions, which

lead to histologic underestimation and false negative results. A continuous spectrum of proliferative changes exists between ADH, DCIS and microinvasive ductal carcinoma.

The diagnosis of atypical ductal hyperplasia and ductal carcinoma in situ, as the early stages of malignancy, have been discovered in many studies as underestimating the true extent of pathologic abnormality (2–5).

The early studies have demonstrated that the diagnosis of atypical ductal hyperplasia (ADH) by means of stereotactic breast biopsy with automated fourteen-gauge biopsy gun system has resulted in nearly equal odds that a coexisting malignant lesion will be missed (6, 7). Furthermore, when stereotactic breast biopsy with an automated needle device results in a diagnosis of ductal carcinoma in situ (DCIS), the odds are approximately one in five that a coexisting infiltrating ductal carcinoma will be missed (6, 8).

The difficulty to establish a complete and accurate DCIS diagnosis with stereotactic breast biopsy was emphasized also by others. Berg (9) suggested that “microcalcifications typical of DCIS be excised directly surgically to avoid performance of an unnecessary procedure (stereotactic breast biopsy).” Similarly, others described difficulties in completely and accurately diagnosing ADH and DCIS lesions (10, 11).

Stereotactically guided vacuum-assisted biopsy (VAB) has brought many advantages in performing and outcomes in comparison to the stereotactic biopsy with the automated needle device.

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Stereotactically guided vacuum-assisted biopsy retrieves a greater amount of tissue, thus decreasing sampling error and resulting in a more accurate diagnosis. The bigger sample volume and continual sampling enables more accurate calcification retrieval.

Multiple studies have demonstrated that the histological underestimation rate is lower for the 11-gauge or 14-gauge vacuum-assisted device (12–14) and fewer repeated biopsies are needed (15).

However, some studies still indicate a persistent underestimation of ADH diagnosed with 11-gauge vacuum-assisted device (2, 16, 17). The study of Brem and co-workers reported a histological underestimation of carcinoma in 25 % samples.

The purpose of this study was to evaluate and compare the outcome of stereotactically guided percutaneous, directional, vacuum-assisted breast biopsy with the outcome of those performed with 14-gauge automated gun.

To determine whether the outcomes of stereotactic biopsies performed by the two methods differ, we compared the histological entities found; the rate of missed cancer; the rate of cancer underestimation; complication rates; and the need for a second biopsy, both immediate and delayed.

Materials and methods

Between January 2008 and January 2011, altogether 257 stereotactic biopsies were performed in our institute. Stereotactic biopsy was performed with 14-gauge automated needle device (Magnum) in 193 lesions and with two types of directional, vacuum-assisted instrument in 64 lesions (Ethicon Endo Surgery Mammotome, Johnson & Johnson 2003, USA with 11-gauge vacuum-assisted probe until September 2010 and Suros ATEC Breast Biopsy and Excision System, Hologic, 2010, USA with 9-gauge vacuum-assisted probe from October 2010).

Until June 2010, the selection of vacuum-assisted biopsy was restricted within indication criteria set by a health insurance company to sampling only microcalcifications of benign or semi-malignant mammographic appearance. As a result, an uneven patient distribution for both methods existed with more malignant lesions in the group of patients who underwent stereotactic automated needle biopsy.

For a stereotactic navigation, the mammographic system Mammomat 3000, Nova, Siemens, GE, 2006, with a digital stereotactic guidance was used in combination with the dedicated reclining mammography chair. All biopsies were performed with the patient in an upright, sitting position. Core biopsy specimens were sampled by standard pathologic techniques. After each biopsy, a pathology report from the core biopsy sample was reviewed by the responsible radiologist before management recommendations were made. Any patient (except one in whom the surgery was contradicted) who was found to have ADH, atypical lobular hyperplasia (ALH), lobular carcinoma in situ (LCIS) or DCIS went on to needle localization and excisional biopsy. In one patient with a low grade DCIS, the surgery was contradicted because of serious clinical condition and the biopsy was performed mainly to acquire immunohistochemical profile. Patients with palpable breast masses or axillary lymphadenopathy were not included in the current study.

The patient's age at the time of stereotactic breast biopsy, the basic mammographic lesion type (mass v. microcalcifications), the lesion palpability and the therapeutic surgery performed after a stereotactic breast biopsy were recorded for both, automated needle and directional, vacuum-assisted procedures.

The pathology reports from the core biopsies were reviewed to determine the histological entities. Malignant entities included invasive carcinoma and ductal carcinoma in situ. High-risk lesions included radial scar and atypical ductal and lobular hyperplasia. Benign lesions included specific diagnosis, such as fibroadenoma or papilloma and nonspecific processes, such as fibrocystic change, apocrine metaplasia, adenosis and other.

Cases were considered as an underestimation if either atypical ductal hyperplasia diagnosed at stereotactic biopsy was found to be carcinoma at surgery or ductal carcinoma in situ diagnosed at biopsy was upgraded to invasive carcinoma at surgery. Cases were considered false-negative if carcinoma was found at surgery after core biopsy had shown benign results.

The usual follow-up protocol was a 6-month interval for benign lesions. For cases undergoing an imaging follow-up, subsequent mammography, sonography or MRI reports were reviewed. Follow-up information was available for 67 (75 %) of 89 lesions biopsied with stereotactic 14-gauge automated needle biopsy without a subsequent surgery. In one case with benign histological findings after the stereotactic automated needle biopsy, the second biopsy with vacuum assisted device was performed proving DCIS. This case was excluded from the follow-up analysis. Follow-up information was available for altogether 41 (76 %) of 55 lesions biopsied with the vacuum-assisted device, without a subsequent operation.

The group biopsied with the 14-gauge automated gun was compared to the group biopsied with the 11-gauge stereotactic vacuum-assisted device for the following parameters examined: histological entities found on stereotactic biopsy, number of missed cancers, sensitivity and specificity, rate of histological underestimation and complications. Statistical associations were determined with chi-square analyses (StatCalc; version 7.1.2), with statistically significant differences assumed when p was lower than 0.05.

Results

An automated needle biopsy and directional, vacuum-assisted biopsy were performed in comparable populations of patient and lesions. No statistically significant differences were detected between an automated needle biopsy and a directional, vacuum-assisted biopsy in parameters of patient age at biopsy, percentage of lesions characterized by microcalcifications and lesion palpability (Tab. 1). Statistically significant difference was detected between the number of breast-conserving surgeries performed after the automated needle biopsy and the vacuum-assisted biopsy, with more therapeutic surgeries performed after the stereotactic automated needle biopsy.

The histological diagnoses of the stereotactic needle and vacuum-assisted biopsies are provided in Table 2. The histological diagnoses were similar for the two groups ($p > 0.3$, not significant).

Tab. 1. Comparison of automated needle and directional, vacuum-assisted biopsy data across four patient and lesion parameters.

Biopsy	Average Patient Age ^s	Lesions with Microcalcifications* (%)	Palpable Lesions (%)	Breast-conserving Surgery (%) ^y
Automated needle	56	78	0	52
Directional vacuum-assisted	56	84	0	14

^s unpaired Student t-test

* Z test; no statistically significant difference (alpha 0.05, Zcv=1.96) Z=1.049

^y Z test; statistically significant difference Z=5.3285**Tab. 2. Histologica diagnosis of automated needle and directional, vacuum-assisted biopsy specimens.**

Histological Diagnosis	No. (%) of Biopsies Performed Using	
	Automated Needle	Vacuum-assisted Device
Benign	151 (78)	57 (89)
Fibroadenoma	2	2
Papilloma	1	3
Benign nonspecific*	148	52
High-risk	4 (2)	2 (3)
Radial scar	1	0
Atypical ductal hyperplasia	3	2
Atypical lobular hyperplasia	0	0
Malignant	28 (15)	5 (8)
Ductal carcinoma in situ	15	3
Lobular carcinoma in situ	0	1
Invasive ductal carcinoma	10	1
Invasive lobular carcinoma	3	0
Insufficient sample obtained	10 (5)	0

* Diagnoses included fibrocystic change, ductal or lobular typical hyperplasia, apocrine metaplasia, sclerotic change, adenosis.

Tab. 3. categories of pathological interpretation of automated needle and vacuum-assisted biopsy (as specified in the European guidelines).

Category/Description	Examples	Automated Needle	Vacuum-assisted Device
B1 Normal	Normal tissue or not interpretable		
B2 Benign lesion	Fibrocystic change, fibroadenoma, sclerosing adenosis, fat necrosis.	160	54
B3 Lesion of uncertain potential	Papillary lesion, radial scar, lobular intraepithelial neoplasia, atypical lobular hyperplasia, phyllodes tumor.	2	3
B4 Suspicious of malignancy	Atypical ductal hyperplasia	3	2
B5 Malignant	B5 a Malignant-in-situ	15	4
	B5 b Malignant invasive	13	1

Based on these measurements, it appears the two biopsy techniques can be meaningfully compared.

According to European Guidelines for Quality Assurance in Breast Cancer Screening and Diagnosis (18), all breast needle biopsies should be classified to B1–B5 categories due to histopathological appearances. This classification of histological results is provided in the Table 3.

Tab. 4. Comparison of diagnostic accuracies of automated needle and directional, vacuum-assisted biopsy in DCIS.

Surgical Diagnosis	Diagnosis of DCIS after Biopsy (%)	
	Automated Needle Biopsy	Vacuum-assisted Biopsy
IDC	4 (27)	0
DCIS (or lesion gone)	11 (73)	2 (100)
Total	15 (100)	2 (100)

Among the 193 lesions that had the stereotactic 14-gauge automated needle biopsy, 101 (52 %) had a subsequent surgical excision. In these 101 lesions, the stereotactic automated needle biopsy yielded benign findings in 62 (61 %), radial scar in 1 (1 %), atypical ductal hyperplasia (ADH) in 3 (3 %), ductal carcinoma in situ (DCIS) in 15 (15 %), and infiltrating cancer, either invasive ductal carcinoma (IDC) or invasive lobular carcinoma (ILC) in 12 (12 %). Of 27 stereotactically proven cancers, surgery revealed cancer in 26; in one stereotactically proven cancer, stereotactic biopsy yielded ILC but surgery showed benign findings. Histological review of this case confirmed the presence of ILC in the stereotactic biopsy material, suggesting that the ILC was completely removed at stereotactic biopsy. No false-positive findings were encountered. The specificity rate for the automated needle biopsy was 100 %.

False-negative findings were encountered in 19 lesions. In 18 lesions with a benign histological diagnosis, the surgery recommended due to imaging-histological discordance revealed in situ malignancy in twelve (in one case papillary in situ carcinoma) and invasive cancer in six lesions (mucinous invasive cancer in one case).

In one lesion with a benign histologic diagnosis, an immediate second biopsy with the vacuum-assisted device yielded DCIS.

The stereotactic automated needle biopsy identified correctly 32 high-risk or malignant lesions with 19 missed cancers, which represents the sensitivity rate of the automated needle biopsy 0.627, (63 %) and a negative predictive value 0.853 in this study.

Among the 64 lesions that had the stereotactic vacuum-assisted biopsy, 9 (14 %) had a subsequent surgical excision. In these 9 lesions, the stereotactic vacuum-assisted biopsy yielded benign findings in 3 (33 %), atypical ductal hyperplasia in 2 (22 %), ductal carcinoma in situ in 2 (22 %), lobular carcinoma in situ (LCIS) in 1 (11 %), and invasive ductal carcinoma in 1 (11 %).

In one patient with the histological diagnosis of low grade DCIS, the surgery was contradicted because of serious clinical condition and the biopsy was performed mainly to acquire immunohistochemical profile.

Of 5 stereotactically proven cancers, breast-conserving surgery

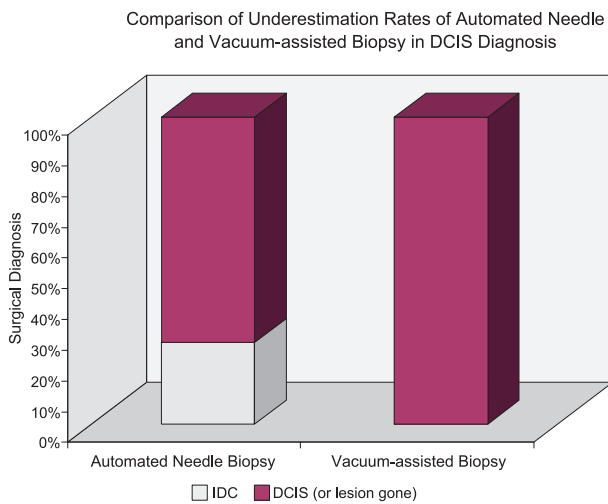


Fig. 1. Comparison of underestimation rates of automated needle and vacuum-assisted biopsy in DCIS diagnosis.

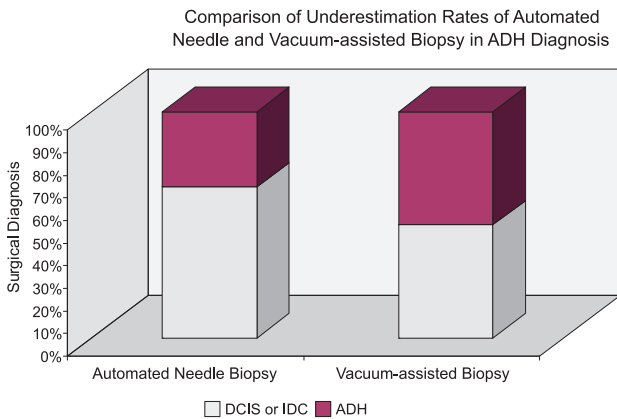


Fig. 2. Comparison of underestimation rates of automated needle and vacuum-assisted biopsy in ADH diagnosis.

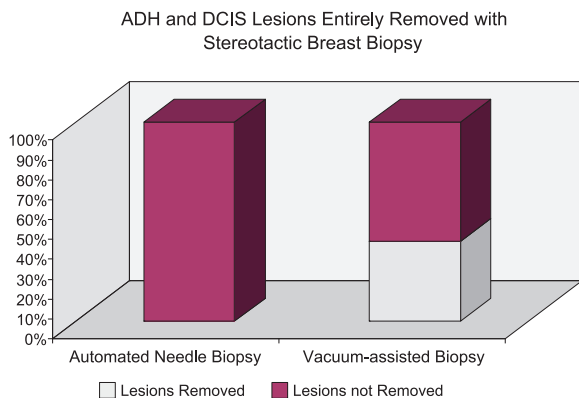


Fig. 3. ADH and DCIS lesions entirely removed with stereotactic breast biopsy.

was performed in four cases. The surgical histological diagnosis revealed cancer only in one case; in two cases the stereotactically proven cancers with histological diagnosis DCIS and in one case

with IDC, the stereotactic vacuum-assisted biopsy completely removed suspicious clusters of microcalcifications and surgery showed only atypical ductal hyperplasia in one case of DCIS and benign finding and biopsy site change in two cases of IDC and DCIS, suggesting an entire removal with stereotactic biopsy. No false-positive findings were encountered with the specificity rate of vacuum-assisted biopsy of 100%.

All ADH and DCIS stereotactic breast biopsy sites False-negative findings were encountered in one lesion. The missed cancer was mammographically evident as a cluster of pleomorphic calcifications. Calcifications were not identified at either specimen radiography or histological analysis; stereotactic biopsy yielded fat necrosis (the patient had previous trauma anamnesis) and surgical excision yielded infiltrating ductal carcinoma. The stereotactic vacuum-assisted biopsy correctly identified seven high-risk or malignant lesions with one missed cancer, which represented the sensitivity rate of vacuum-assisted biopsy 0,875, (87.5 %) and a negative predictive value 0.977 in this study.

They were positively identified microscopically or both grossly and microscopically in the surgical lumpectomy or mastectomy specimens. The automated needle biopsy of DCIS lesions did not result in detection of invasive ductal carcinoma in four (27 %) of 15 specimens. None (0 %) of the 32 DCIS lesions, in which biopsy was performed with the directional, vacuum-assisted device, was determined to be invasive cancer at surgery. These differences are shown in Table 4 and Figure 1 and are non significant due to insufficient number of DCIS in the vacuum-assisted biopsy group at *p* value of 0.404 (Fisher exact test).

ADH was determined at surgery to be DCIS or infiltrating ductal carcinoma in two (77 %) of 3 automated needle biopsy specimens and in one (50 %) of 2 directional, vacuum-assisted biopsy specimens of ADH lesions (Fig. 2). These differences are shown in Table 5 and are not significant at *p* value of 0.709.

A complete excision (with clear margins) of ADH and DCIS lesions is compared for automated needle biopsy and directional, vacuum-assisted biopsy in the Table 6. ADH and DCIS lesions were percutaneously excised with clear margins in two (40 %)

Tab. 4. Comparison of diagnostic accuracies of automated needle and directional, vacuum-assisted biopsy in DCIS.

Surgical Diagnosis	Diagnosis of DCIS after Biopsy (%)	
	Automated Needle Biopsy	Vacuum-assisted Biopsy
IDC	4 (27)	0
DCIS (or lesion gone)	11 (73)	2 (100)
Total	15 (100)	2 (100)

Tab. 5. Comparison of diagnostic accuracies of automated needle and directional, vacuum-assisted biopsy in ADH.

Surgical Diagnosis	Diagnosis of ADH after Biopsy (%)	
	Automated Needle Biopsy	Vacuum-assisted Biopsy
DCIS or IDC	2 (77)	1 (50)
ADH	1 (33)	1 (50)
Total	3 (100)	2 (100)

Tab. 6. ADH and DCIS lesions entirely removed with stereotactic breast biopsy.

Biopsy	Lesions Removed (%)	Lesions not Removed (%)
Automated Needle	0	18 (100)
Vacuum-assisted	2 (40)	3 (60)

Tab. 7. Analysis of complications during biopsy procedures and correlation with insufficient samples.

Complication	Biopsy		Insufficient Sample	
	Automated Needle	Vacuum-assisted	Automated Needle	Vacuum-assisted
Bleeding	3	2	1	0
Nausea	5	0	2	0
Syncope	1	0	1	0

Pearson Correlation Coefficient (r): 0,8660

of 5 directional, vacuum-assisted biopsy specimens as compared to none of 18 automated needle biopsy specimens (Fig. 3) with a statistically significant difference at $p < 0.05$, Fisher exact test.

The vacuum assisted biopsy completely removed 28 % of all clusters of microcalcification in comparison to 0 % of clusters removed by the automated needle biopsy with statistically significant difference. The number of surgical procedures performed in histologically benign lesions was also significantly lower in the VAB group (3/57) compared to the automated needle biopsy group (54/151).

Follow-up information was available for 69 of total 89 benign lesions biopsied with automated needle and for 41 (76 %) of total 54 benign lesions biopsied with vacuum-assisted device without subsequent surgery. The surgical procedure was recommended, but not performed in 3 lesions biopsied with automated needle and one lesion with vacuum-assisted biopsy due to interval changes in mammography. These cases were excluded from the follow-up analysis and sensitivity and negative predictive value evaluation. In 19 lesions biopsied with automated needle and 13 lesions with vacuum-assisted biopsy no follow up information was available. No delayed false negative cases have been identified to date.

The complication rate (Tab. 7) was low and similar in the two groups: 4.7 % (9/193) for the automated needle biopsy and 3.1 % (2/64) for the vacuum-assisted biopsy with p value of 0.598 (not significant).

Bleeding during the automated needle biopsy procedure occurred in three lesions. In two of these three lesions, the biopsy had to be terminated and in one lesion the sample was considered insufficient for an accurate histological diagnosis. Nausea as the reason of terminating the procedure occurred in 5 lesions, with two insufficient samples. Syncope occurred in one lesion with only three core sample obtained and considered insufficient by histopathologist. Two complications occurred during the procedure of the stereotactic vacuum-assisted biopsy; in one lesion the procedure was terminated because of bleeding but the sample was considered sufficient. In second lesion, the surgical intervention was required to stop the bleeding. No infection occurred after both procedures.

The samples were considered insufficient in 5 % (10/193) of automated needle biopsy procedures. The surgery was recommended in 8 lesions, surgical diagnosis yielded benign changes in four lesions and in situ changes and invasive cancer both in two lesions. Follow-up mammography was recommended in two lesions, in one case with no interval change and once with no follow up data.

In four lesions with an insufficient sampling, the procedure had to be prematurely terminated due to complications. Complications correlation analysis with the insufficient samples showed a high degree of correlation with Pearson correlation coefficient 0.866.

None insufficient sample occurred in the vacuum-assisted biopsy group.

Discussion

In recent years, needle localization and excisional biopsies have been largely replaced by image guided breast biopsies for the diagnosis of cancer. With the expansion of mammography and the widespread use of preoperative biopsy techniques, a new area of controversy has evolved. Biopsy techniques that only sample a portion of mammographic lesion will inevitably have less sensitivity than excisional biopsies.

The importance of accurate non-operative diagnosis cannot be underestimated. It enables the safe discharge of those patients with benign disease and the planning of correct surgery for those with malignancy (19).

The general sensitivity and specificity of stereotactically guided large core-needle breast biopsy is high, even for microcalcifications. In our study, the sensitivity was 63 % for the automated needle biopsy and 87.5 % for the vacuum-assisted device. The false-negativity rate of 12.5 % for the vacuum-assisted biopsy was higher than previously reported. This was due to one missed cancer, in which case calcifications were not identified at either specimen radiography or histological analysis. A failure to identify calcifications on specimen radiograph has been previously shown to correlate with nondiagnostic results at stereotactic biopsy (20). Failure to retrieve calcification occurred in 14 % of CB and 1 % of VAB (21). A false-negative rate of up to 74 % has been reported when no calcification was evident on the specimen radiograph (22). The identification of calcifications at histological analysis in the absence of calcifications on the specimen radiographs is usually not adequate, because calcifications may be seen microscopically in lesions that lack calcifications on the mammogram (23, 24).

Consequently, if no calcium is identified on the radiograph of specimen cores, then the management of choice is either a repeat biopsy or diagnostic excision. An early interval screening should not be considered as a satisfactory alternative in patient management (25).

The key to accurately assess a mammographic lesion is the evaluation of an adequate tissue volume. The larger sample volumes produced by VAB devices allow more extensive sampling and even a complete removal of some clusters of microcalcifications. Ketritz et al (26) in a trial involving 2,874 patients in five centers using 11-G VAB removed 76 % of clusters measuring less

than 10 mm and even removed 30% of clusters measuring 11–20 mm in diameter. If a cluster of calcification has been adequately sampled and the pathologist finds benign changes associated with visible calcification, the patient can be discharged without further intervention (18). In our study, vacuum assisted biopsy removed 28 % of all clusters of microcalcification and the number of unnecessary surgical procedures in benign lesions was significantly lower in the VAB group.

In addition, 40 % of the directional, vacuum-assisted biopsy procedures removed all of the ADH and DCIS from the breast with histologically clean margins.

The diagnosis and management of those lesions, which are frequently small and of borderline malignant potential, presents the greatest tests of radiological and pathological skill (18). Any biopsy technique that only samples a portion of lesion will remain a challenge for the pathologist. A continuous spectrum of proliferative changes exists between ADH, low-grade DCIS, high-grade DCIS and microinvasive ductal carcinoma. Lesions fulfilling the definition of DCIS but having an aggregate diameter less than 2 mm are defined as ADH (27).

If the pathologist is provided with only limited tissue to analyze, it may be impossible to identify an adequate volume of neoplastic change to make a diagnosis of DCIS (14).

In our study, the underestimation rate of ADH to DCIS was 77 % by the automated needle biopsy and 50 % by the vacuum-assisted biopsy, which is higher than current data published (28–30). The underestimation rate of DCIS to IDC of 27 % by automated needle biopsy and 0 % by vacuum-assisted biopsy is similar (or lower for VAB) to the data previously published (14). Evidence exists that total removal of the index microcalcification correlates with decreased pathological upgrade rates at surgery (31).

The most up to date review of stereotactically guided breast biopsy suggests that a high degree of diagnostic accuracy and hence safe patient care can only be achieved by meticulous attention to technique and multi-disciplinary cooperation (32).

The complication rate was low and similar for both methods, with a high degree of correlation between insufficient samples obtained and complications during the procedure of automated needle biopsy.

In conclusion, the vacuum-assisted biopsy outperformed the 14-gauge automated needle biopsy with a lower disease underestimation rate, sensitivity and false-negative rates; however these differences were not statistically significant due to small data files and relatively small number of identified malignant lesions in the vacuum-assisted biopsy group. This may be related to the restricted selection of vacuum-assisted method until June 2010, to sample only microcalcifications of benign or semi-malignant mammographic appearance.

The vacuum-assisted biopsy completely removed significantly more clusters of microcalcifications in comparison to the automated needle biopsy, which significantly reduced the need for surgery in benign lesions.

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